

DON RODENBAUGH NATATORIUM POOL RULES

GENERAL RULES

- Children age 6 years and younger must be accompanied by an adult in the water at all times.
- One adult for every three children age 6 years and younger.
- Children ages 7 to 9 years must be accompanied by an adult in the facility.
- Changing of diapers in the pool area is strictly prohibited. Changing areas are provided in the family changing rooms and locker rooms.
- Food and beverages are not allowed in the pool area. Please enjoy your snacks in the lobby or patio areas.
- Please do not leave valuables unattended. The Natatorium is not responsible for lost or stolen items.
- Non-Service Animals prohibited
- Changing Diapers within 6 feet of the water feature is prohibited.
- Use of the water feature if ill with a contagious disease is prohibited.
- Do not drink water from the water feature
- Use of the water feature when ill with diarrhea is prohibited.
- Personal Training or Coaching will ONLY be conducted by City of Allen Contract Instructors

AGE REQUIREMENTS

1. Children age 6 years and younger must have an adult (18 years or older) in the water with them at all times. One adult per every three children under age 6 is required.
2. Children ages 7 to 9 years must be accompanied by an adult, who must remain inside the pool facility with the children at all times.

ATTIRE AND EQUIPMENT

3. Approved swimwear must be worn while in the pool. Street clothes, cutoffs, underwear, thongs, non-aqua shoes or other attire deemed inappropriate by the City of Allen may not be worn in the water.
4. Swim diapers are required for all non-potty-trained children. Diaper changing within 6 feet of water features is prohibited.
5. Flotation devices must be U.S. Coast Guard Approved.
6. Aquatic accessories such as beach balls, water pails, toys, noodles, inner tubes and other such items will be allowed ONLY at the discretion of the Pool staff in designated areas or during approved special events. Prohibited items include: tennis balls, footballs, and other items with firm exterior. Masks, fins and snorkels are not permitted.

APPROPRIATE BEHAVIOR

7. Running, rowdy play, dunking and profanity are prohibited.
8. Behavior deemed inappropriate or unsafe by the Pool Staff is subject to expulsion without refund.
9. Patrons MUST continue with the current of the river during open swim hours.
10. When entering and exiting the river, patrons MUST use the designated entrance and exit.
11. Lap Lanes in the Competition pool are reserved for lap swim or City of Allen programs ONLY.

HEALTH AND SAFETY

12. Smoking or use of tobacco or nicotine products is prohibited.
13. The use or position of alcohol and drugs is prohibited.
14. Participants MUST be 48 inches or taller to ride the water slide.
15. Participants MUST be 60 inches or under to use the water play structure.
16. No diving head first into the Leisure Pool or water less than 5 feet deep.
17. Activity that promotes prolonged breath holding or false distress is prohibited.
18. Anyone having a contagious disease or infectious condition, bandaging or abrasions will not be allowed in the pool.
19. In the event of a fecal contamination, the pool will be evacuated for at least 30 minutes and as long as required to sanitize the pool.
20. Glass or breakable containers are not allowed in the pool area.

MISCELLANEOUS

21. Non-Service Animals prohibited, unless otherwise approved by City of Allen.
22. Please do not leave items unattended. The City of Allen is not responsible for any lost or stolen items.
23. NO GUM, FOOD OR DRINKS are allowed in the pool area or on the bleachers. Water (only) in plastic bottles can be consumed in the pool area. Food or other beverages can be enjoyed inside the lobby or on the patio deck.
24. Personal Training, Instruction or Coaching is permitted ONLY by City of Allen Contracted professional providers.
LIFEGUARDS HAVE THE AUTHORITY TO HALT ANY UNSAFE ACTIVITY OR BEHAVIOR.

PLAY STRUCTURE RULES

- Children taller than 60 inches are not allowed onto the play structure.
- Adults are allowed onto the structure if they are accompanying a child that is 60 inches or shorter.
- One person at a time on the slide, Lap riding is not allowed.
- Only children are permitted to ride the small slide.
- Do not climb up the slide backwards.

LAP LANE RULES & ETIQUETTE

Lap lanes are designated for child and adult lap swim only. Lap swim should be an orderly, continuous swim. In order to receive full benefits and enjoyment from lap swim it is important that all participants respect other swimmers and abide by the following rules.

- Please be willing to share the lap lanes with other swimmers.
- Always enter the water feet first.
- Upon entering, never dive, jump or push off into oncoming swimmers. Wait until they have made the turn and then push off.
- Swim in a circle counterclockwise, keep to the right, pass only on the left.
- When resting at the wall, please move to the outward corners of the lane.
- Slower swimmers should wait at the wall until the faster swimmer turns, OR, slower swimmers should swim close to the right lane line
- Dive blocks can only be used under supervision of certified coaches employed/contracted with the City of Allen
- All kickboards and swim equipment should be used properly. Please return City of Allen equipment after use.
- Do not hang on the lane lines.

SPA RULES

- A person must be at least 16 years or older to use the spa.
- The maximum occupancy for the spa is 25 people.
- Senior adults, pregnant women, and those with other health problems should not use the spa until they have consulted with their physician.
- The maximum water temperature is 104 degrees Fahrenheit.
- Placement of articles in the water is prohibited.
- Food and beverages are prohibited in the spa, water bottles is okay.
- No jumping or diving into the spa, persons must use steps to enter and exit the spa.
- Hot water immersion while under the influence of alcohol or drugs, or other medicines, may lead to serious health problems and is not recommended.
- Exposure to hot water lasting longer than 15 minutes may result in nausea, dizziness or fainting.

DIVING BOARD RULES

- The fulcrum must be in the forward position.
- Only one person at a time should be on the diving board, including the steps.
- Dives that require more than one bounce are prohibited.
- Dives and jumps must be straight off the end of the diving board.
- The diving area, when open, is for diving only.
- Individuals in the water are not allowed to catch children jumping from the board.
- Inward dives, gainers, sit dives, cartwheels, non-standing dives and any dive initiated with the persons back to the pool is prohibited.
- Divers must swim immediately to the nearest ladder and climb out after diving.
- No diving until the diver before you reach the ladder.
- Masks, goggles and personal flotation devices are not permitted to be used when diving.
- Spectators cannot sit on the side of the pool in the diving area when in use.

SLIDE RULES

- All riders must be at least 48 inches in height
- One person at a time – No lap riders
- Slide feet-first face up. No goggles, lifejackets or
- Individuals are not permitted to catch riders at the bottom of the slide
- Riders are not permitted to “swing” onto the slide
- Exit the catch pool immediately when you get to the bottom
- Wait for the Lifeguard to signal your turn
- Weight limit is 250 pounds
- Look at the slide and decide if you or your child can safely participate.
- Individuals should not ride if pregnant, recovering from surgery, broken bones or other injuries, suffering from heart condition, have a weak neck or back, recovering from injuries or under the care of a physician