

LEARN TO PLAY HOCKEY

RECOMMENDED PATH TO SUCCESS



After Hockey 4, you will be ready for league play in an age-appropriate league within the Hockey Institute of Allen (HIA), Jr. Americans Youth Hockey (JAYH), or Allen Adult Hockey League (AAHL). To get started this season, call John McManaman at 972.912.1097 or email him at jmcmaman@alleneventcenter.com.

▶ PRE-HOCKEY

Players will learn forward skating, forward swizzles, one foot glides both feet, back skating, snow-plow stops. A skater typically becomes adequate in these skills during one 8 or 10 week semester.

▶ HOCKEY 1

This class is for skaters who have passed PRE-HOCKEY. Players will learn forward strides, forward crossovers both directions, backward swizzles, hockey stops, beginning turns and have an introduction to stick handling. A skater typically becomes adequate in these skills during one (1) 8 or 10 week semester. Optional helmet (full face mask) and gloves.

▶ HOCKEY 2

This class is for skaters who have passed HOCKEY 1. Players will learn backward crossovers, mohawks, transitions, backward skating, stick handling and basic passing drills. Mandatory gloves, helmet (full face mask) and stick.

▶ HOCKEY 3

This is for skaters who have passed HOCKEY 2 and are ready for passing, shooting, positions, faceoffs and speed drills.

▶ HOCKEY 4

For skaters who have passed HOCKEY 3, the rules of the game and scrimmages are introduced in this class. Mandatory gloves, helmet (full face mask) and stick. Some Jr. American players may be invited to join this class for practice.

▶ LEAGUE PLAY

8 & Under Half-Ice
8 & Under Cross-Ice

10 & Under
12 & Under

Adult Instructional League (AAHL 1)
Adult Novice League (AAHL D2 & D)

Quick Search

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All current and upcoming hockey sessions (divided by ages) will be listed here for quick registration.