



**ALLEN ADULT HOCKEY LEAGUE (AAHL)**  
Over 35

The Allen Adult Hockey Over 35 League (AAHL Over 35) is designed for Beginner level through Expert level players 35 years of age and older. The league emphasis will be to create a fun, enjoyable and competitive environment for players with average to above average skill abilities and a good understanding of team play.

**Age Requirements:**

All players must be 35 years of age or older

**Cost:**

- The cost for players is \$400
- The cost for goalies is \$150

**League Format:**

League Draft

- 14 Games
- 2 Playoff games
- \*Stats kept on [Allen.hockeyshift.com](http://Allen.hockeyshift.com)

**Game Format:**

- Games are played on Mondays with start times 7:30pm and 9:00pm
- 5 Minute on-ice warm up
- 3 - 15-minute periods
- Clock Run Time Occurs when:
  - A) 6 goal or larger point difference in the 3<sup>rd</sup> period
  - B) Regardless of period, 15 called penalties during the game

**Overtime Format:**

- No game shall end in a tie at the end of regulation time of games. If the game is tied at end of 3<sup>rd</sup> period:
  1. Three on three
  2. 5 minutes running clock (sudden death)
  3. Still tied at the end of OT, each team will be awarded 1 point each
  4. Four on three will occur when a player receives a penalty during OT

**Roster:**

- ACIR will create teams after the evaluation skate.
- Maximum 14 players will be allowed to dress out per game and one goaltender.
- Once the official rosters are entered on [Allen.hockeyshift.com](http://Allen.hockeyshift.com), ACIR staff take a couple weeks to ensure competitive balance. ACIR staff may place a player on another team to maintain competitive balance.

**USA Hockey Membership REQUIRED:**

Every player that signs up to participate must register through \*USA Hockey and submit a registration receipt to ACIR prior to the first session of each season. Please visit <http://usahockeyregistration.com> to complete the registration process. All participants must have a current USA Hockey membership throughout the entire season.

**USA Hockey Registration Instructions for Players**

- 1.) Go to USA hockey and register for the current season - <http://www.usahockeyregistration.com/>





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- 2.) Complete the USA Hockey registration process for **Ice Players & Coaches**
- 3.) Once you have completed the registration process write down your USA Hockey confirmation number and/or print the screen. You will need this to register for an Allen Adult Hockey League (include on registration form).

**\*Note:** The USA Hockey playing season dates are Sept 1 through Aug 31 of each year.

If you have any questions about the Allen Adult Hockey League please feel free to contact us directly by phone at 972.912.1097 or John McManaman [JMcManaman@cityofalenn.org](mailto:JMcManaman@cityofalenn.org) or by phone 972.912.1092.

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