



Welcome Swimmers and Parents!

COAST (City of Allen Swim Team) is looking forward to another year of TAAF swimming! COAST participates in weekly meets with other area TAAF teams, with the opportunity to advance to the TAAF State Games of Texas. The State Swim Meet will be held in College Station, TX, July 26<sup>th</sup>-July 30<sup>th</sup>. COAST participants do not have to compete in meets unless they desire to do so, but qualifying times are required to participate at the State Games of Texas.

Practices will be Monday–Friday from June 4<sup>th</sup> – July 20<sup>th</sup> at FORD POOL

07:00 – 08:30 AM	13 years +
08:35 – 09:35 AM	12 and under
09:40 – 10:40 AM	10 and under
10:45 – 11:30 AM	8 and under
11:35 – 12:15 PM	6 and under

**Cost:** \$105 – Members  
\$115 – Non-Members

**IMPORTANT:** New swimmers and swimmers looking to advance to the next level are **REQUIRED** to attend a quick tryout at the Don Rodenbaugh Natatorium on **ONE** of the following Fridays/Saturdays **BEFORE** they register for COAST. **Past participants are not required to tryout!**

-April 6<sup>th</sup> (06:00-07:00 PM)                      -May 4<sup>th</sup> (06:00-07:00 PM)  
-April 20<sup>th</sup> (06:00-07:00 PM)                      -May 18<sup>th</sup> (06:00-07:00 PM)

Your swimmer should come prepared to swim just **ONE LENGTH** of the Competition pool. If your child is unable to make it without holding on to lane lines, they will not be able to participate in COAST. The tryout will take just a few minutes and you can come anytime between 06:00PM-07:00PM that you'd like. No appointment necessary – just come. The instructor/coach will determine if you would be a good fit for the program at this time.

There is a **MANDATORY Parent Meeting** scheduled for **Sunday, May 20<sup>th</sup>, 2018 at 06:30 PM** at the Don Rodenbaugh Natatorium. We will go over a lot of information and answer any questions you might have so it is important that you make this meeting!

■ **Swimsuit fittings will be May 31st from 05:00pm - 07:00 pm**

*Everyone wanting to participate in swim meets will be expected to purchase a swim team suit and cap, NO EXCEPTIONS:*

Female Suit: \$52.75  
Male Suit: \$38.00  
Latex Cap: \$5.00  
Silicone Cap: \$15.00

**OTHER IMPORTANT DATES:**

June 2<sup>nd</sup> (11AM-12PM): Mock Swim meet

- For swimmers and parents new to swimming world who want to run through a practice meet!

July 17<sup>th</sup> (09AM-11AM): COAST Pictures

- We will not have practice on this day!

July 23<sup>rd</sup> (06PM-08PM): End of year Party

- Come join us for some food and drinks as we celebrate a successful season of COAST and recognize our state competitors!

Doug Kierstead  
Aquatic Program Supervisor  
[dkierstead@cityofallen.org](mailto:dkierstead@cityofallen.org)  
214-509-4772