



# ADULT HOCKEY SKILLS

Join us for a full ice skills session with Coach Wes and Coach Owen. Sessions will focus on skating, shooting, passing, body positioning, stick-handling, as well as as game strategy and positioning. Full equipment and playing experience is required.

**COST:** \$20 per class or \$65 for four (4) classes with punch card discount. Free attendance for tendies! Goalies skate for free.

## SCHEDULE

**WEDNESDAYS**  
BEGINS AUGUST 18

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**9PM - 10PM**  
AUG 18 - SEPT 8

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**8:45PM - 9:45PM**  
SEPT 15 - DEC 15

For more information, contact Cambria Jones at 972.912.1096.