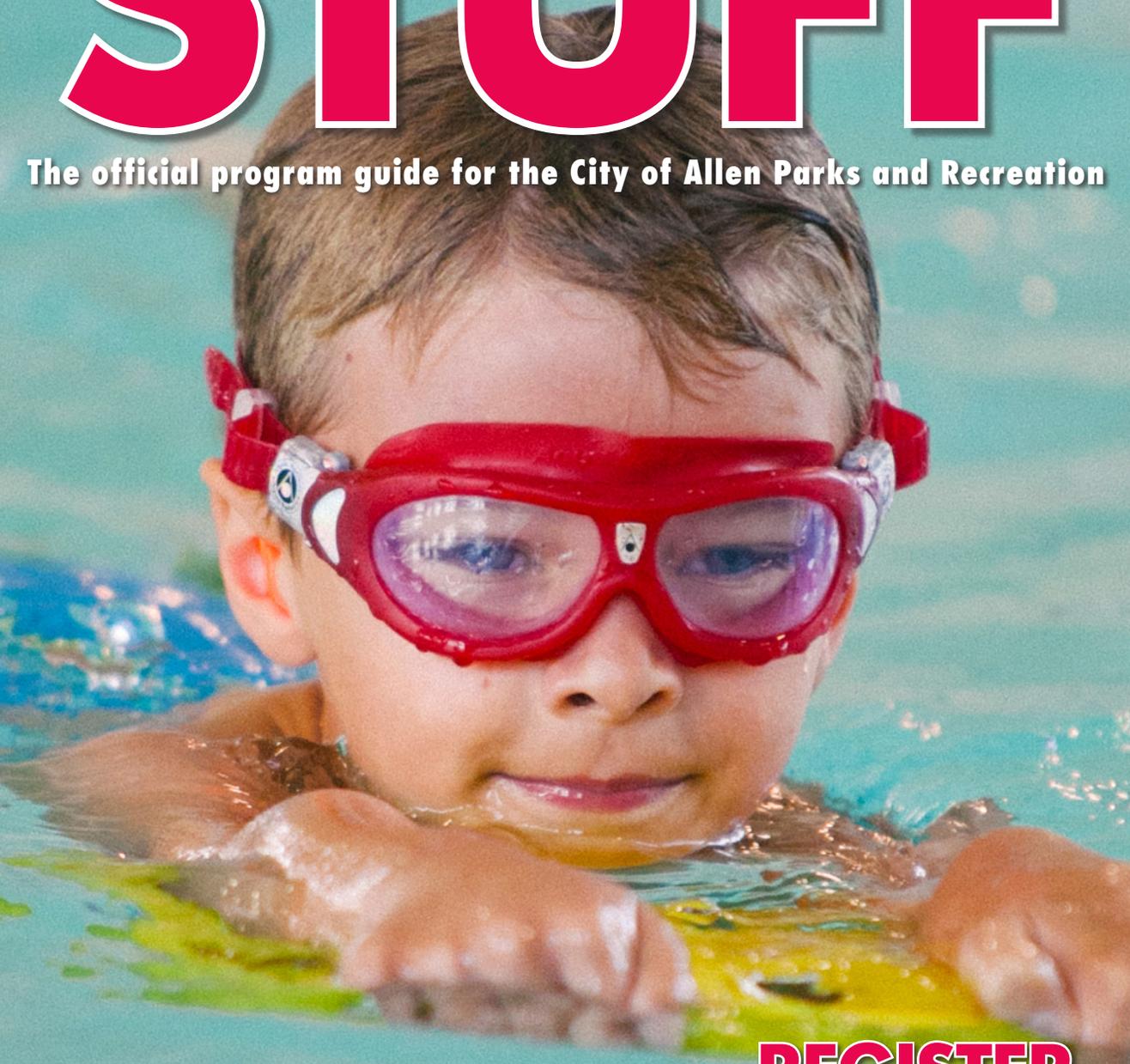


**SUMMER EDITION**

**May 2, 2016 - August 21, 2016**

# STUFF

**The official program guide for the City of Allen Parks and Recreation**

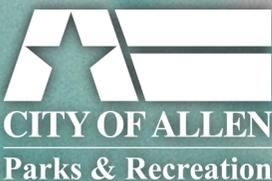


**REGISTER**

**Residents  
March 21 at 8 a.m.**

**Non-Residents  
March 23 at 8 a.m.**

**AllenParks.org**



# FREE SUMMER EVENTS

## ART EXTRAVAGANZA

JUNE 10-12

Submit your work of art in this family-friendly juried competition. Artwork will be displayed, free for the public to view, giving the community a chance to observe art produced by talented artists like YOU! Limited to two pieces of art per artist.



## WORLD'S LARGEST SWIM LESSON

JUNE 24

Join us for the World's Largest Swim Lesson at the Don Rodenbaugh Natatorium and help beat the record for FREE! Last year 36,564 people in 22 countries simultaneously participated in this Guinness Book of World Record event.

## FAMILY NIGHT @ THE EDGE SKATE PARK

JUNE 16, JULY 21 & AUGUST 18

This is an opportunity for families to bring out their small children and enjoy the skate park free of older influences. Children must be accompanied by at least one parent to gain entrance to the park.



FIND REGISTRATION INFORMATION FOR THESE EVENTS ON PAGE 6!

## Allen Parks and Recreation

### Administration

301 Century Parkway, Allen, Texas 75013  
Phone 214.509.4700; Email [stuffonline@cityofallen.org](mailto:stuffonline@cityofallen.org)

Tim Dentler, Director  
Dave Angeles, Assistant Director  
Brian Bristow, Assistant Director  
Carrie Cessna, Assistant Director  
Ann Marie Heiser, Recreation Services Manager  
Anthony Hill, Resource Development Manager  
Brandy O'Keefe, Marketing Manager

Robert Townsend, Administrative Services Manager  
Jennifer Robinson, Support Specialist  
Keith Marchand, Reservations Coordinator  
Lisa Potvin, Special Events Coordinator  
Jennifer Stewart, Senior Administrative Assistant  
Cury Santiago, Administrative Assistant



### Adult Athletics

301 Century Parkway; Allen, Texas 75013  
Phone 214.509.4810; Fax 214.509.4710  
Joey Ramos, Athletic Program Supervisor

### Allen Community Ice Rink

200 E. Stacy Road, Ste. 1350; Allen, TX 75002  
Phone 972.912.1097; Fax 972.678.4664  
Timmy Vessakosol, Center Supervisor  
Customer Service Hours:

Mon - Fri, 6 - 10 AM, 3 - 8 PM  
Sat, 8 AM - 5 PM  
Sun, Noon - 5 PM

### Allen Senior Recreation Center

451 St. Mary; Allen, Texas 75002  
Phone 214.509.4820  
Travis Cunniff, Center Supervisor  
Facility Hours:

Mon, Wed, Fri, 7 AM - 5 PM  
Tues and Thurs, 7 AM - 8 PM

Meal Services: Noon - 1 PM

### Don Rodenbaugh Natatorium

110 E. Rivercrest; Allen, Texas 75002  
Phone 214.509.4770; Fax 214.509.4789  
Jonathan McCloskey, Center Supervisor  
Facility Hours:

Mon - Thurs, 5 AM - 9 PM  
Fri, 5 AM - 8 PM  
Sat, 8 AM - 6 PM  
Sun, 1 - 6 PM

### Joe Farmer Recreation Center

1201 E. Bethany; Allen, Texas 75002  
Phone 214.509.4750; Fax 214.509.4759  
Ashley McInnis, Center Supervisor  
Facility Hours:

Mon - Thurs, 6 AM - 10 PM  
Fri, 6 AM - 9 PM  
Sat, 10 AM - 6 PM  
Sun, 1 - 6 PM

### The Courses at Watters Creek

7201 Chase Oaks Blvd. Plano, Texas 75025  
Phone 214.509.GOLF (4653);  
Fax 214.509.3489  
Jeff Holt, Golf Services Manager  
Facility Hours: Please call

### The Edge Visitor Center

201 E. St. Mary; Allen, Texas 75002  
Phone 214.509.4760; Fax 214.509.4764  
Billy Diaz, Youth Program Supervisor  
Skate Park Hours: Daily 8 AM - 11PM  
BMX Track Hours: Daily 8 AM - Dusk  
Visitor Center Hours:

Summer: Mon - Sat, 12 - 8 PM;  
Sun, 1 - 6 PM  
School Year: Mon - Fri, 3 - 8 PM  
Sat, 12 - 8 PM  
Sun, 1 - 6 PM

### Planning Services

Municipal Service Center  
900 S. Greenville Ave. Allen, Texas 75002  
Phone: 214.509.3150; Fax: 214.509.3146  
Matt McComb, Landscape Architect  
Laura Demos, Park Planner  
Randy Thompson, Park Planner  
Kelly McGinnis, Project/Grant Coordinator  
Robert Ferron, Parks Development Inspector

### Site and Facility Services

Municipal Service Center  
900 S. Greenville Ave. Allen, Texas 75002  
Phone: 214.509.3301; Fax: 214.509.3146  
Stacy Adams, Administrative Assistant  
Parks/Athletic Fields/Irrigation/Forestry-Horticulture  
Kim Spearman, Site Superintendent  
Jesse Simmons, City Forester  
Buildings/Construction/Contracted Services  
Zach Francis, Facility Superintendent  
Bobby Trevino, Operations Supervisor

### Parks & Recreation Board

Tom Cowart, Paul Davidson, Brittani Hayes,  
John Holley, Larry Holley, Tricia Losavia,  
Rodrigo Vizcaino

### City Staff

Peter H. Vargas, City Manager

### City Council

Mayor Stephen Terrell, Mayor Pro Tem Gary L. Caplinger, Kurt Kizer,  
Ross Obermeyer, Joey Herald, Robin L. Sedlacek, Baine Brooks

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### Holiday Closings

Allen Parks and Recreation Administrative Offices will be closed in observance of the holidays listed below. For information on individual facility closings please visit us at [AllenParks.org](http://AllenParks.org).

Memorial Day . . . . . Monday, May 30  
Independence Day . . . . . Monday, July 4  
Labor Day . . . . . Monday, September 5

### Class Location Key

AEC	Allen Event Center
ACIR	Allen Community Ice Rink
AHS	Allen High School
ASRC	Allen Senior Recreation Center
DRN	Don Rodenbaugh Natatorium
JFRC	Joe Farmer Recreation Center
TCWC	The Courses at Watters Creek
TEVC	The Edge Visitor Center

### Photo Credits

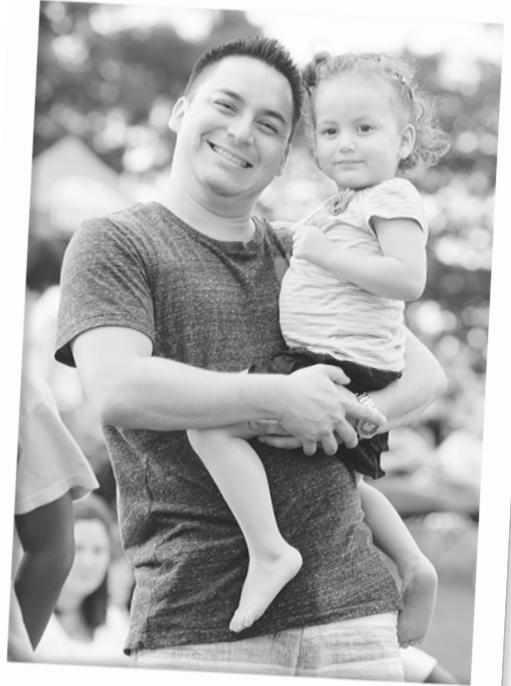
Cover photos and photos throughout this guide provided by Mike Mezeul.

# SUMMER SOUNDS

## The 19th Annual Summer Sounds Concert Series

What could be better after a long Monday than spending the evening with family and friends over a picnic dinner on the lush, fresh grass of the Joe Farmer Recreation Center Amphitheatre, enjoying live music filtering through the evening air? How about being able to do that every Monday for four weeks?

The music will range from classical to contemporary pop hits and more. Thanks to the City of Allen and the Parks and Recreation Department, all Summer Sounds concerts are FREE and begin at 7 p.m. each Monday Night. Light concessions and snow cones are available for purchase. Ground blankets seating is preferred so that concert goers of all ages can enjoy the best line of sight.



- May 30** Allen Philharmonic Orchestra and Symphony Chorus
- June 6** Lone Star Attitude
- June 13** Downtown Fever
- June 20** Rolling Stones Tribute Band

(Subject to change, check [AllenParks.org](http://AllenParks.org))

## Market Street Allen USA Celebration

**FREE - Saturday, June 25 at 4 p.m.**  
**Celebration Park**

There is truly something for everyone at Market Street Allen USA Celebration presented by Texas Health Allen! A star-studded entertainment lineup featuring two stages of musical acts that leads up to one of the largest fireworks displays in North Texas. A number of concessionaires will be on site selling all of your favorite festival foods and snacks. Kids can enjoy bounce houses and play structures in the Kids Zone, get creative in the Craft Tent or beat the heat at Celebration Park's Spray Grounds.

Thanks to dozens of volunteers and sponsors within the Allen community and the contributions of title sponsors Market Street and presenting sponsor Texas Health Allen, the Market Street Allen USA Celebration continues to be one of Allen's most significant community events, and best of all, It remains as it has always been, completely FREE to attend!



# SPECIAL EVENTS

## "Just for the Health of It" Health and Wellness Fair

Cost: Free

Location: ASRC

Join us for the 11th Annual Health and Wellness Fair. Visit over 40 vendors who will provide information covering a variety of health related topics, screenings, goodies and more! Prizes provided by the vendors will be put in a drawing held during the event!  
51808, Fri, 5/06, 9:00AM-12:00PM

## Youth Fishing Derby

Cost: FREE

Age: 2-16 years

Instructor: JFRC Staff

Location: Amenity Building/JFRC

Here fishy, fishy! Don't miss the Youth Fishing Derby. Prizes awarded for the largest fish caught per age group and overall. Pre-registration is recommended; check-in is at 7:30AM on day of event.  
51953, Sat, 5/07, 8:00AM-10:30AM

## SNAP Dance

Cost: \$10

Age: 18 years+

Instructor: Special Event Staff

Location: Recreation Hall

SNAP your fingers and shuffle your feet at this Special Needs and Adapted Program! Enjoy music, a fun theme and snacks. Register early, the fee increases to \$15 at 5 p.m. the Wednesday prior to each dance. For more information, contact Lisa Potvin at [lpotvin@cityofallen.org](mailto:lpotvin@cityofallen.org) or 214-509-4707.  
52237, Fri, 5/13, 7:00PM-10:00PM (Fiesta)  
52238, Fri, 6/10, 7:00PM-10:00PM (Luau)  
52239, Fri, 7/08, 7:00PM-10:00PM (Patriotic)  
52240, Fri, 8/12, 7:00PM-10:00PM (Sports)  
52241, Fri, 9/09, 7:00PM-10:00PM (Hollywood)

## Step Up To Health Festival

Cost: FREE

Age: All

Location: Gym/JFRC

In conjunction with the Summer Sounds Concert series, Step Up To Health is designed to highlight the many health/wellness programs offered in Allen through sports, recreation and the arts. Bring your family to enjoy a variety of activities including vendor booths, crafts, demos and more!  
51680, Mon, 6/20, 6:00PM-7:30PM

## Art Extravaganza

Cost: FREE

Ages: 5-18 years to submit artwork

Location: Meeting Room A&B/JFRC

Submit your work of art in this family-friendly juried competition. Artwork will be displayed, free for the public to view, giving the community a chance to observe art produced by talented artists like YOU! Limited to two pieces of art per artist.  
51655, Fri-Sun, 6/10-6/12, 8:00AM-4:00PM

## World's Largest Swim Lesson

Cost: FREE

Age: 6 years+

Location: Leisure Pool/DRN

Join us for the World's Largest Swim Lesson! Last year 36,564 people in 22 countries simultaneously participated, come join us and help beat the record for FREE! Children under 6 must be accompanied by an adult. This is a Guinness Book of World Record event.  
51920, Thu, 6/24, 10:00AM-12:00PM

## Missoula Children's Theater

Cost: \$75

Age: Entering 1st Grade — 12th Grade

Instructor: Missoula Children's Theatre Staff

Location: Allen Public Library Auditorium

This camp provides kids of all ages the chance to put on a theater production from start to finish. This year, Missoula Children's Theatre will present two camps: Pinocchio during July and Peter and Wendy in August. All registrants will receive a part and rehearsal times will vary.

Entering 1st Grade — Age 7

52231, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52234, M-Sat, 8/08-8/13, 10:00AM-2:30PM

Ages 8-12

52232, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52235, M-Sat, 8/08-8/13, 10:00AM-2:30PM

Ages 13-18

52233, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52236, M-Sat, 8/08-8/13, 10:00AM-2:30PM

## Men's Softball Tournament

Cost: \$225

Age: 17+

Location: Ford Park Softball Fields

Gather your league team and enter our ASA-modified men's softball tournament for a weekend full of fun! There will be a 15 player limit per roster. Three games guarantee. Late registration fees will be added when registering after June 27.  
52359, Sat-Sun, 7/09-7/10

## Blacklight Zumba Party

Cost: \$5 pre-register / \$7 at the door

Ages: 4 years+

Instructor: Scott

Location: Gym/JFRC

Wear your favorite neons and get ready to light up the night! Learn Latin-based moves to all your favorite songs in this high-intensity cardio party all under the blacklights. All fitness levels are welcome; pre-registration ends 7/14 at 6pm.  
51653, Thu, 7/14, 7:00PM-8:00PM

## Community Garage Sale

Cost: \$20 one space / \$35 two spaces / \$50 three spaces

Age: 17 years+

Instructor: JFRC Staff

Location: Parking Lot/JFRC

Make some extra money selling the items you were thinking of throwing away at this community wide garage sale. Become a vendor by registering today. Each space is 17'x10' and vendors must provide their own tables and chairs. Browsing is free to the public.  
51639, Sat, 7/16, 7:00AM-12:00PM

## Youth Group Night at the Natatorium - NEW

Cost: \$7

Age: 7-17 years

Instructor: DRN Staff

Location: DRN

Enjoy an evening of swimming, diving, floating on the Lazy River and socializing with other youth groups. Fee includes a meal (hot dog, chips and a drink). Coordinators/chaperones are FREE but must register.  
51548, Sun, 7/31, 6:30PM-8:30PM

## Back to School Bash

Cost: \$5 entry, \$3 skate rental

Age: All

Location: ACIR

Come join the ACIR for their Back to School Bash. Join the fun on the ice for various games and activities. All on-ice participants must wear skates. Bring a school supply donation and receive a free skate rental.  
Sat, 8/13, 3:00PM-5:00PM

# THE COURSES AT WATTERS CREEK



## The Courses at Watters Creek

- Greater playability for all golfers.
- Faster pace of play on The Traditions course. For very quick play, The Futures and The Players Courses are ideal.
- Highly-regarded instructors whose lessons have helped beginning golfers and established PGA stars.
- Practice facilities including a practice range with nine target greens, a short game practice area, club fitting and more.

## Three Courses, 33 Holes Have you played them all yet?

### The 6-Hole Futures Course:

Whether you are short on time or short on patience, The Futures Course is a great place to learn, practice and to have fun.

### The 9-Hole Players Course:

Walk it, ride it, or fly around it, The Players Course is more playable than ever before with 6-par 3's and 3-par 4's.

### The 18-Hole Traditions Course:

The most raved about new course in North Texas, The Traditions is a versatile course that plays quick and fair, with a collection of 18 holes that are without equal.



For more information or to register for lessons  
call 214.509.GOLF (4653), visit the Pro Shop or visit  
[WattersCreekGolf.com](http://WattersCreekGolf.com)

### Junior Golf Development

Cost: \$145 month

Age: 6-14

Instructor: Jon Roth & Staff

Location: TCWC

Junior Development Program (JDP) teaches and develops the necessary skills to play golf at a competitive level. The program creates a love of the game by developing athlete's first and specific golf skills second. There are six (6) stages the Junior Golfer will progress through including Fundamental Movement and Fundamental Golf Skills. To register call 214-551-2384 or email [jroth4golf@gmail.com](mailto:jroth4golf@gmail.com). This is a year round program offered multiple days/times. Sign-up is available throughout the year.

Other Programs offered by JDP:

Drive, Chip, & Putt Clinics, Advanced Clinics, After School Program, Summer Clinics/Camps, Golfercise

### Senior Golf Development

Cost: \$35 per Session

Age: Women & Men 50 & Older

Instructor: Matthew Valhala & Staff

Location: TCWC

The Senior Golf Clinic is open to both women and men over the age of 50. We will cover the basics of grip, posture, alignment, short game and full swing. Each individual will get help and instruction within a fun and focused group setting. On occasion, we will also play nine holes for "on-course" learning. Extra fees are involved for the on-course play. To register call 214-223-8773 or email [mavahala@yahoo.com](mailto:mavahala@yahoo.com). Thu, 5/1-10/1 12:00PM-1:30PM

## Golf Programs and Clinics



### Redbirds Junior Team Golf

Cost: \$150 Monthly (Year Round Program)

Age: 7-14

Instructors: Clint Avara, PGA; Mathew Vahala

Location: TCWC

Redbirds Juniors Team Golf (RJTG) is for junior golfers with beginning to intermediate level golf experience and offers an introduction to tournament play. RJTG serves as a fun, social, less stressful approach to tournament golf and provides junior golfers with knowledge and skills that set the stage for a lifetime of golf enjoyment. Includes coaching with PGA Professionals up to 4 hours per week, on-course play (greens fees are an additional expense), chipping/putting fundamentals, full swing fundamentals, rules and etiquette. For more information contact Clint Avara (972.569.0601 or [ClintAvara@pga.com](mailto:ClintAvara@pga.com)) or Matthew Vahala (214.223.8773 or [mavahala@yahoo.com](mailto:mavahala@yahoo.com)).

### PGA Junior Golf League

Cost: \$299

Age: 7-14

Instructors: Clint Avara, PGA; Mathew Vahala

Location: TCWC

PGA Junior League Golf is open to boys and girls of any ability. Whether you're a seasoned vet or a new beginner, the program's scramble format creates opportunities to both demonstrate your ability and learn from your peers. At its core, PGA Junior League Golf is recreational and developmental in nature. PGA and LPGA Professionals, who serve exclusively as team Captains, are committed to creating a welcoming experience for all players and their families. Additionally, PGA and LPGA Professionals are uniquely positioned to help young golfers develop their playing abilities to whichever extent they desire. PGA Junior Golf League is limited to 48 players. Cost includes uniform, hat, bag tag, golf swag, three (3) practices and six (6) weeks of league play; green fees are an additional expense.

Spring: 3/26-5/7

Summer: 5/21-7/16

Fall: 9/17-10/29

For more information contact Clint Avara (972.569.0601 or [ClintAvara@pga.com](mailto:ClintAvara@pga.com)) or Matthew Vahala (214.223.8773 or [mavahala@yahoo.com](mailto:mavahala@yahoo.com)).

### Junior Competitive Program

Cost: \$270 Monthly (year round program)

Age: 12-18 years

Instructors: Clint Avara, PGA; Mathew Vahala

Location: TCWC

The Junior Competitive Program (JCP) is a coaching and training program for aspiring high performance golfers ages 12-18 who are just starting their competitive playing careers. The JCP provides a comprehensive and systematic approach to training, competing and skill development with a focus on helping players develop the required skills to compete at the highest level.

Initial Assessment Day includes:

- Video swing analysis
- Goal setting interview
- Full swing skills test on The Foresight launch monitor
- Short game skills test

Program Features:

- "Performance Plan" that clearly outlines goals and planned action for improving the student's game
- Monthly (1-hour) private lesson with PGA Professional
- Team practice that will include instruction on technical and mental skills
- On-course instruction (green fees are an extra cost)
- Monthly review of athlete progress and comparison to set goals
- 4 + Hours of coaching each week

Scholarship Opportunities

The following achievements allow athletes to be rewarded with partial scholarships for their hard work and dedication:

- Win an AJGA event in your age bracket (\$50 off monthly bill, maximum \$100 per year)
- Win an NTPGA Event (\$40 off your monthly bill, maximum \$80 per year)
- Get a friend to join the Competitive or Pre-Competitive Programs (\$50 off your monthly bill maximum \$100 per year)
- Academic performance of A average or GPA 3.8 or above (\$50 off monthly bill)

For more information contact Clint Avara (972.569.0601 or [ClintAvara@pga.com](mailto:ClintAvara@pga.com)) or Matthew Vahala (214.223.8773 or [mavahala@yahoo.com](mailto:mavahala@yahoo.com)).

# THE COURSES AT WATTERS CREEK

## The Plane Truth Junior Development Team

Cost: Futures Team 5-9 years old-\$100/month;

Developmental Team (placed by ability level)-\$175/month;

Elite Team (placed by ability level)-\$175/month

Instructors: Chris O'Connell , PGA - Tour Instructor, Top 100 Golf Magazine

Instructor; Jake Sandusky, PGA - Lead Instructor, US Kids Certified Coach;

Joe Brown, PGA - Former collegiate player, US Kids Certified Coach

Location: TCWC

Our mission is to offer world-class golf instruction to aspiring young athletes. From players new to the game or those driven to become the next great PGA Tour player, our program will help them reach their potential. Unlike many junior programs, we like to keep our numbers fairly small during sessions. Gone are the days of the junior program with 50 kids at each practice; smaller numbers ensure players receive the individual attention they deserve.

Players progress through the program through various skills tests much like the colored belt system in karate. Based on their performance they will be given a colored award signifying the completion of each level. This system provides an incentive to improve, a feeling of accomplishment, and a clear understanding of what skills a player must master in order to reach the next level.

Our groups practice from the beginning of February through the end of November and players are permitted to join at anytime during the year.

For more information contact Jake Sandusky at 224.343.6801 or [jake@planettruthgolf.com](mailto:jake@planettruthgolf.com)

## Drive, Chip and Putt Practice League hosted by The Plane Truth

Cost: \$20 per session

Ages: 7-15 years

Instructors: Jake Sandusky, PGA - Lead Instructor, US Kids Certified Coach;

Joe Brown, PGA - Former collegiate player, US Kids Certified Coach

Location: TCWC

Dates: April 9, 16, 23, Competition Simulation April 30; May 14, 21, 28; Competition Simulation June 4

The Drive Chip and Putt League is a program designed to help players practice and prepare for the Drive, Chip and Putt competition. Instructors at each skill station go over the format as well as help with practice. We will host three Drive, Chip and Putt practices and one competition simulation leading up to the actual event (June 11). For new golfers it is a great way to begin learning the skills of driving, chipping and putting; for existing golfers it is a chance to sharpen skills as well as learn to practice under pressure. For more information contact Joe Brown at 906.298.1458 or [joebrown@planettruthgolf.com](mailto:joebrown@planettruthgolf.com)

## Junior Golf Camps hosted by The Plane Truth

Cost: \$195/3 day camp (all participants receive Plane Truth logo hat)

Age: 6-12 years

Dates: Coed - 3/08-3/10 Spring Break Camp; Boys - 6/28-6/30;

Girls - 7/05-7/07

Time: 9:00AM-12:00PM

Instructors: Jake Sandusky, PGA - Lead Instructor, US Kids Certified Coach; Joe

Brown, PGA - Former collegiate player, US Kids Certified Coach

Location: TCWC

Kids have boundless energy. They always seem to be moving a hundred miles per hour. Let's face it, sometimes it can seem hard to keep up! We've designed a fun and fast paced three-day camp to challenge them and bring variety in ways unlike traditional golf camps. No matter what the age or skill level the kids will have a blast and learn along the way. Research has shown that in order to develop golf skills in a junior that it is best to simultaneously develop their athletic skills. This camp not only provides traditional golf swing instruction but will also incorporate cross training of other sports.

Activities will include:

- Driving, chipping, putting skill stations
- Baseball golf, Ultimate frisbee, Soccer golf, throwing football, etc.
- On-course play (greens fees are an additional expense)
- Fun games and contests

For more information contact Jake Sandusky at 224.343.6801 or [jake@planettruthgolf.com](mailto:jake@planettruthgolf.com)



# FootGolf

AT THE COURSES AT WATTERS CREEK

FootGolf is perfect for families, teams, corporate outings, and a group of friends at lunch or happy hour!



## SOCCER AND GOLF!

FootGolf is played with a regulation #5 soccer ball on shortened holes with 21-inch diameter cups.

FIND MORE INFORMATION AT  
[WATTERSCREEKGOLF.COM](http://WATTERSCREEKGOLF.COM)



**ALLEN BOND**  
**2016**  
**ELECTION**

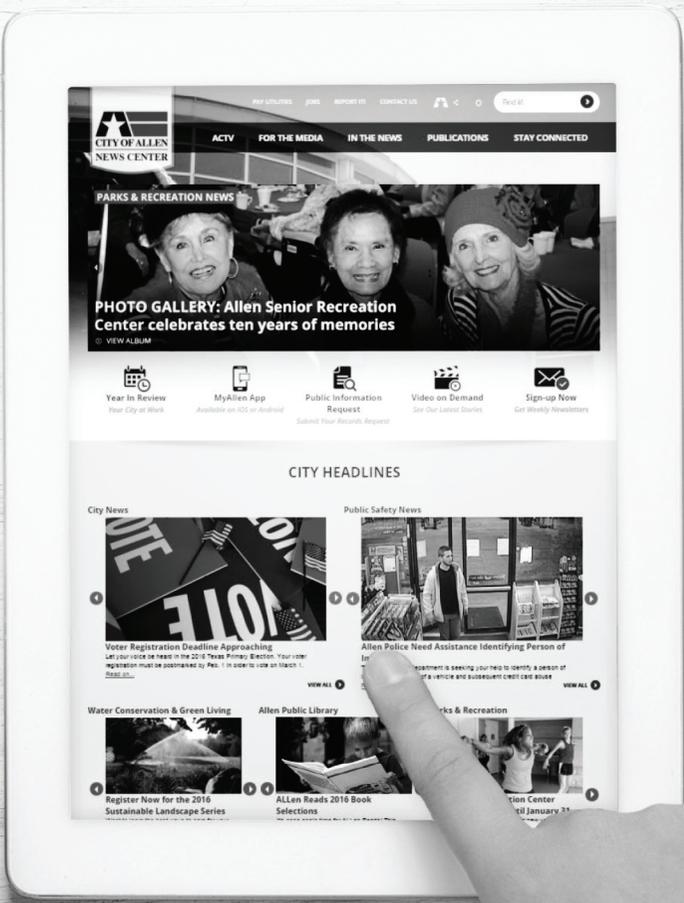
**VIEW PROJECTS**  
**CITYOFALLEN.ORG/ALLENBOND2016**

**VOTE**

**ELECTION DAY: MAY 7**  
**EARLY VOTING: APRIL 25 - MAY 3**

**Allen News**  
 .org

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# PRE-SCHOOL & YOUTH

## Activities

### Family Fun Beginner Ice Skating

Cost: \$66 for 2 skaters (4 weeks)

Age: All Ages

Instructor: ACIR Staff

Location: ACIR

Introductory skating lessons designed to teach participants forward and backward skating, proper falling, dips and stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Sat, 10:30AM

Summer I: 5/14-6/04

Summer II: 7/09-7/30

### Family Night @ The Edge Skate Park

Cost: Free

Age: 8-14 years

Instructor: Staff YC

Location: Skate Park/TEVC

This is an opportunity for families to bring out their small children and enjoy the skate park free of older influences. Children must be accompanied by at least one parent to gain entrance to the park.

51602, Thu, 6/16, 6:00PM-8:00PM

51603, Thu, 7/21, 6:00PM-8:00PM

51604, Thu, 8/18, 6:00PM-8:00PM

### Introduction to Ice Skating

Ages: 3-4 years, 5-7 years, 8-13 years, 14 years+

Cost: \$88 (8 weeks)

Instructor: ACIR Staff

Location: ACIR

Introductory skating lessons designed to teach participants forward and backward skating, proper falling, dips and stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Summer I: 5/10-7/02

Summer II: 7/05-8/27

### Intro to Hockey

Cost: \$88 (8 weeks)

Ages: 5-13 years and Adult

Location: ACIR

Prerequisite: Intro to Skating. Gloves & helmet optional.

Skating lesson designed to teach beginning hockey skills such as forward and backward skating, 2 foot and 1 foot glides, 2 foot jumps, swizzles and snowplow stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Summer I: 5/10-7/02

Summer II: 7/05-8/27

### Night Hike

Cost: \$5

Age: 4 years+

Instructor: JFRC Staff

Location: Offsite

Experience outdoor life at night and enjoy some time off the beaten path. Learn about nocturnal animals and how senses change with fading light. Children under 12 years must be accompanied by a registered adult.

51525, Sat, 5/21, 8:00PM-9:30PM

51526, Sat, 6/18, 8:00PM-9:30PM

### Hockey Institute of Allen

Cost: \$128 (8 weeks)

Ages: 4-6 years, 7-14 years

Location: ACIR

Prerequisite: Hockey 2

The class focuses on the fundamentals of hockey such as skating, puck control, shooting, and passing. Full equipment required and is available to for rent.

Summer I: 5/14-7/02

Summer II: 7/09-8/27

## Arts & Crafts

### "My Masterpiece" Painting Workshop

Cost: \$43

Age: 4-6 years

Instructor: Elkins

Location: Meeting Room B/JFRC

An inspiring introduction to self-expression and creativity; young artists will get a first look into the fine arts. Students will be taught colors, blending, brush strokes, using different mediums and more by a professionally certified art instructor.

51520, Mon, 5/02-5/16, 9:30AM-10:30AM\*

51521, Fri, 6/03-6/24, 9:30AM-10:30AM

51522, Fri, 7/08-7/29, 9:30AM-10:30AM

(\*3 weeks, \$33)

### Young Rembrandts: Elementary Drawing / Cartooning

Cost: \$52.00

Age: 6-13

Instructor: Young Rembrandts Staff

Location: Computer Room/TEVC

The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing. This class provides innovative guided instruction, topics kids love and relate to, and instructors who know how to reach this group.

51585, Mon, 6/13-7/11, 10:30AM-11:30AM

51586, Mon, 7/18-8/08, 10:30AM-11:30AM

### Young Rembrandts: Pastel Drawing Workshop: Ocean Life

Cost: \$63

Age: 6-13 years

Instructor: Young Rembrandts Staff

Location: Computer Room/TEVC

Three, fun-filled days await our students as we explore ocean life as they learn to draw and color with pastels. Students will create detailed, pastel compositions each day, focusing on different ocean-themed subjects.

51593, T-Th, 7/26-7/28, 1:00PM-2:30PM

### Young Rembrandts: Preschool Drawing

Cost: \$52

Age: 4-6 years

Instructor: Young Rembrandts Staff

Location: Computer Room/TEVC

The Young Rembrandts pre-school program will use subjects such as animals and toys, as well as their favorite learning tools, pictures and stories, to enhance social and conflict resolution skills while improving listening, fine-motor skills and time-on-task.

51578, Mon, 6/13-7/11, 9:30AM-10:15AM

51579, Mon, 7/18-8/08, 9:30AM-10:15AM

Register online at  
<http://online.activecommunities.com/allentxparks>

## Young Rembrandts: Summer Art Workshop: Monsters, Creatures and Creeps

Cost: \$63

Age: 6-13 years

Instructor: Young Rembrandts Staff

Location: Computer Room/TEVC

Your child will learn to draw a variety of characters and even complete a large composition using pastels. Students will learn how to draw amazing cartoon monsters of all shapes, sizes and colors with humorous expressions and animated poses.

51591, T-Th, 6/21-6/23, 1:00PM-2:30PM

## Camps

### 3D Game Design

Cost: \$168

Age: 10-15 years

Instructor: Youth Tech Staff

Location: Meeting Room B/JFRC

This video game design course lets students create and immerse themselves in a 3D world. Learn to design professional 3D games that look and feel just like the ones you play at home. Video Game Design is suggested prior to taking this course.

51673, W/Th, 7/13-7/14, 9:00AM-4:00PM

### Adventures in Art Camp

Cost: \$60

Age: 5-13 years

Instructor: Robert Garden Certified Instructors

Location: Lakeside Club House/JFRC

Create 8 masterpieces you'll want to frame! Students learn real fine art techniques and creative thinking, painting with 5 different mediums: heavy and light acrylic, watercolor, oil pastels and charcoal. A \$60 supply fee is due first day of class.

51527, M-Th, 6/13-6/16, 9:00AM-11:45AM

51528, M-Th, 7/25-7/28, 9:00AM-11:45AM

51529, M-Th, 8/08-8/11, 9:00AM-11:45AM

### Allen Fishing Camp

Cost: \$72

Age: 8-17 years

Instructor: Hudson

Location: Bethany Lakes Park/JFRC

Allen Fishing Camp teaches anglers of all ages how to fish, how to fish effectively and how to catch more fish. Anglers will learn how to fish with a variety of baits and lures. AFC stresses safety, conservation, and having fun!

51954, M-F, 6/06-6/10, 8:00AM-11:00AM

51955, M-F, 6/13-6/17, 8:00AM-11:00AM

51956, M-F, 6/20-6/24, 8:00AM-11:00AM

51957, M-F, 6/27-7/01, 8:00AM-11:00AM

51958, T-F, 7/05-7/08, 7:00AM-11:00AM

### Amusement Park Science

Cost: \$170

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

Ever want to design your own amusement park? In the morning, master circuits and motors as you create the rides of your dreams. Harness the forces of gravity to construct a roller coaster. Create your own Tower of Doom.

51904, M-Th, 6/20-6/23, 9:00AM-12:00PM

### Amusement Park Science

Cost: \$170

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

Create your own Midway games. Experiment and see how things can flash, fizz, stick and glow while building your own fun physics carnival with mini rides and games. Investigate solar sunglass science and make your own refreshments.

51905, M-Th, 6/20-6/23, 1:00PM-4:00PM

### Amusement Park Science Day Camp

Cost: \$240

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

This class will include both the morning and afternoon sessions of the Amusement Park Science Camp.

52361, M-Th, 6/20-6/23, 9:00AM-4:00PM



# PRE-SCHOOL & YOUTH

## Animation

Cost: \$168

Age: 10-15 years

Instructor: Youth Tech Staff

Location: Meeting Room B/JFRC

Those who enjoy interactive animations will love this course. Students will learn the basics of animation and digital design and will create fun interactive animations to share with the world. This class utilizes the award-winning software, Adobe Flash.

51672, M-Th, 6/20-6/23, 9:00AM-12:00PM

## Basketball Camp

Cost: \$85

Age: 7-12 years

Instructor: Bowmen Sports Instructors

Location: Gym/JFRC

This high energy clinic is designed for players of all skills and abilities. This is a skill-based program which utilizes drills and games to reinforce dribbling, passing, shooting and rebounding. Part of each class will be used for game scrimmages.

51935, M-Th, 6/27-6/30, 9:00AM-12:00PM

51936, M-Th, 8/08-8/11, 9:00AM-12:00PM

## Beginners Minecraft MOD Design

– NEW

Cost: \$139

Age: 7-14 years

Instructor: Techno Wiz Kids Staff

Location: Meeting Room B/JFRC

Students learn how to build Mods in Minecraft using Blockly; a great way to learn deep computer science concepts like if-statements, loops, data types and more. Blocks are just as powerful as JavaScript. A \$30 supply fee due to instructor first day of class.

51928, M-F, 6/13-6/17, 1:00PM-3:30PM

51933, M-F, 8/15-8/19, 10:00AM-12:30PM

## Bobby Moffat's Technique Soccer Camp Powered by UK Elite Soccer

Cost: \$99-\$145

Ages: 3-14 years

Instructor: UK Elite Soccer's Professional Full Time Coaches

Location: Bolin Park

This camp is designed to teach basic and progressive soccer skills and drills at different levels. Campers will be taught in a positive, nurturing learning environment and receive a t-shirt and player evaluation. UK Petite players receive a certificate but no evaluation.

52291, M-F, 6/13-6/17, 9:00AM-10:30AM

(UK Petite: Ages 3-5), \$110

52292, M-F, 6/13-6/17, 8:30AM-11:30AM

(Soccer Camp: Ages 5-14), \$145

52293, M-F, 6/13-6/17, 8:30AM-11:30AM

(Goalkeeper Camp: Ages 6-14), \$145

52295, M-F, 7/18-7/22, 9:00AM-10:30AM

(UK Petite: Ages 3-5), \$110

52296, M-F, 7/18-7/22, 8:30AM-11:30AM

(Soccer Camp: Ages 5-14), \$145

52297, M-F, 7/18-7/22, 8:30AM-11:30AM

(Goalkeeper Camp: Ages 6-14), \$145

## Bubbles, Smoke, Explosions

Cost: \$165

Age: 6-10 years

Instructor: Mad Science Instructors

Location: Lakeside Club House/JFRC

Have fun with chemistry as you make a magical crystal garden and synthesize your own slime, learn about our solar system and how to make a comet with everyday items, and have a shocking time with a Van de Graaff generator experiencing lightning up close!

51814, M-F, 6/20-6/24, 1:00PM-4:00PM

## Building – Bolts for Nuts

Cost: \$95

Age: 7-13 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Join our construction challenge as we use nuts, bolts and tools to create structures and apply principles of mechanics to build mobile toys. Students will decide how to optimize resources to complete projects and encourages creativity.

51894, M-F, 8/15-8/19, 9:00AM-12:00PM

## Camp S.T.A.R.

Cost: \$115 members / \$120 non-members\*

Age: 5-12 years

Instructor: Camp S.T.A.R. Counselors

Location: JFRC

Spend the summer with us! Each week is a new adventure with a different theme, guaranteed to have your camper making new friends and having fun in the sun! Camp will include a variety of indoor/outdoor activities, crafts and field trips.

51959, M-F, 6/06-6/10, 7:30AM-5:30PM

51960, M-F, 6/13-6/17, 7:30AM-5:30PM

51961, M-F, 6/20-6/24, 7:30AM-5:30PM

51962, M-F, 6/27-7/01, 7:30AM-5:30PM

51963, T-F, 7/05-7/08, 7:30AM-5:30PM

(closed 7/04)

51964, M-F, 7/11-7/15, 7:30AM-5:30PM

51965, M-F, 7/18-7/22, 7:30AM-5:30PM

51966, M-F, 7/25-7/29, 7:30AM-5:30PM

51967, M-F, 8/01-8/05, 7:30AM-5:30PM

51968, M-F, 8/08-8/12, 7:30AM-5:30PM

51969, M-Th, 8/15-8/18, 7:30AM-5:30PM

(closed 8/19)

\*Thursday's field trip is not included in camp fee.

Optional \$10 field trip fee will apply.

## Carpentry and Science

Cost: \$95

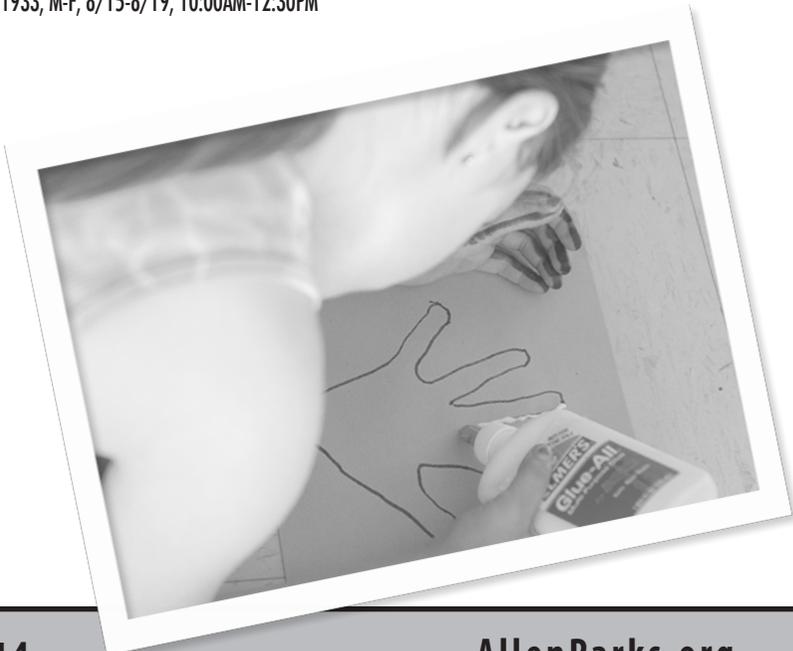
Age: 6-10 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Create wooden biomes with animals and vegetation. This class encourages creativity and exercises eye-hand coordination. Kids assemble, polish and decorate their own biomes using screwdrivers, nuts and bolts, sandpaper and paint.

51908, M-Th, 7/05-7/08, 9:00AM-12:00PM



## Challenger Sports' British Soccer Camp

Cost: \$121-\$169

Ages: 3-7 years+

Instructor: Pro Soccer Players

Location: Bolin Park

Challenger Sports' British Soccer Camp, the most popular soccer camp in the country, is based on innovative approaches to coaching youth. Our experienced staff has studied the game and identified key techniques and skills players need to learn and master to reach their potential.

52299, M-F, 6/20-6/24, 5:30PM-6:30PM

(First Kicks: Ages 3-4), \$121

52301, M-F, 6/20-6/24, 6:30PM-8:00PM

(Mini Soccer: Ages 5-6), \$144

52303, M-F, 6/20-6/24, 5:30PM-8:30PM

(Half Day: Ages 7+), \$169

52304, M-F, 8/01-8/05, 10:00AM-11:00AM

(First Kicks: Ages 3-4), \$121

52306, M-F, 8/01-8/05, 8:30AM-10:00AM

(Mini Soccer: Ages 5-6), \$144

52308, M-F, 8/01-8/05, 8:30AM-11:30AM

(Half Day: Ages 7+), \$169

## Digital Photography Camp

Cost: \$149

Age: 9-15 years

Instructor: RARE Learning Instructors

Location: Meeting Room B/JFRC

Get introduced to the art of photography. Learn aspects of digital photography including composition, lighting, lenses and editing. Express creativity by taking great photos for social media and life. A \$10 supply fee due the first day of class.

51856, M-F, 6/06-6/10, 1:00PM-4:00PM

51857, M-F, 7/18-7/22, 9:00AM-12:00PM

51858, M-F, 8/08-8/12, 1:00PM-4:00PM

## Dissection Club

Cost: \$30

Age: 6-12 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Students will dissect different animals each class. The dissection will be guided by a biologist. Kids will use surgical tools that are safe for their age. Students will create a model of the animal they dissected to take home.

51795, Sat, 6/18, 6:00PM-8:00PM

51796, Sat, 7/02, 6:00PM-8:00PM

51797, Sat, 7/09, 6:00PM-8:00PM

51798, Sat, 7/16, 6:00PM-8:00PM

51799, Sat, 7/23, 6:00PM-8:00PM

51800, Sat, 7/30, 6:00PM-8:00PM

51801, Sat, 8/06, 6:00PM-8:00PM

## Dodgeball Camp

Cost: \$85

Age: 7-12 years

Instructor: Bowmen Sports Instructors

Location: Gym/JFRC

This program incorporates many versions of Dodgeball with an emphasis on fun, teamwork and exercise. Unlike playground balls which tend to hurt, we use special safer dodgeballs. This camp may also include capture the flag, kickball and other classic games.

51921, M-Th, 6/13-6/16, 9:00AM-12:00PM

51922, M-Th, 7/18-7/21, 9:00AM-12:00PM

## Electricity and Magnetism

Cost: \$117

Age: 6-10 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Join us in this electrifying expedition to uncover the science behind electricity and magnetism. Experiment with static electricity and understand its causes. Build a current electric circuit and compete in games using magnets.

51863, M-F, 7/11-7/15, 9:00AM-12:00PM

## Engineering FUNdamentals using LEGO

Cost: \$182

Age: 7-12 years

Instructor: Play-Well Staff

Location: Computer Room/TEVC

Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as arch bridges, motorized cars, and the Battletrack! Design as never before, and explore your craziest ideas in a supportive environment.

51665, M-F, 6/27-7/01, 1:00PM-4:00PM

## Film Making – The Art and Science

Cost: \$149

Age: 9-15 years

Instructor: RARE Learning Instructors

Location: Meeting Room A&B/JFRC

Learn digital video filming, editing and production techniques. Gain on-air confidence, writing and editing while producing a short film. RARE Learning will provide all equipment. A \$10 supply fee is due on the first day of class.

51859, M-F, 6/20-6/24, 1:00PM-4:00PM

51860, M-F, 7/25-7/29, 1:00PM-4:00PM

51861, M-F, 8/08-8/12, 9:00AM-12:00PM



# PRE-SCHOOL & YOUTH

## Gaming and Hacking

Cost: \$117

Age: 7-13 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Learn computer programming skills, apply creativity and have fun. Join our group of programmers to design and code your own version of popular games such as Pacman, Crossover Roads, Flappy Bird and more.

51802, M-F, 6/13-6/17, 9:00AM-12:00PM

## Gross Out IV – Special Effects

### Science

Cost: \$165

Age: 8-12 years

Instructor: B3 Instructor

Location: Lakeside Club House/JFRC

As a continuation of our popular Gross Out Chemistry series, students will learn about chemical reactions, optical illusions, forced perspective and more. Projects include flipbooks, models, stunt car track, fake blood, wounds and cuts and more!

51893, M-F, 8/15-8/19, 9:00AM-12:00PM

## Horseback Riding Camp

Cost: \$303

Age: 6-13 years

Instructor: Schooping

Location: Offsite/Woodhaven Stables

Perfect for those getting started or the advanced rider looking to gain more time in the saddle, this camp features two covered arenas, trail rides and over 30 horses. No experience necessary. Participants need to bring a sack lunch and a helmet daily.

51869, M-F, 6/06-6/10, 8:00AM-5:00PM

51870, M-F, 6/13-6/17, 8:00AM-5:00PM

51871, M-F, 6/20-6/24, 8:00AM-5:00PM

51872, M-F, 6/27-7/01, 8:00AM-5:00PM

51873, M-F, 7/11-7/15, 8:00AM-5:00PM

51874, M-F, 7/18-7/22, 8:00AM-5:00PM

51875, M-F, 7/25-7/29, 8:00AM-5:00PM

51876, M-F, 8/01-8/05, 8:00AM-5:00PM

51877, M-F, 8/08-8/12, 8:00AM-5:00PM

51878, M-F, 8/15-8/19, 8:00AM-5:00PM

## Intro to App Design – NEW

Cost: \$139

Age: 7-14 years

Instructor: Techno Wiz Kids Staff

Location: Meeting Room A/JFRC

Students are introduced to the development process as they conceptualize, design and code their very own apps. This is a great introduction to the world of app design and development. A \$30 supply fee is due to instructor first day of class.

51934, M-F, 7/18-7/22, 1:00PM-3:30PM

## Invention Creation

Cost: \$117

Age: 6-10 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Join our group of young inventors as you use different materials to invent artifacts you can take home. We will learn about famous inventors that have changed the world. Create, invent and have fun!

51852, M-F, 6/20-6/24, 9:00AM-12:00PM

## iVideo Game Design- NEW

Cost: \$118

Age: 6-10 years

Instructor: Youth Tech Staff

Location: Meeting Room B/JFRC

An introductory course for younger students who want to learn to build simple video games, this class combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family!

51612, M-Th, 6/27-6/30, 1:00PM-3:00PM

## Jedi Engineering with LEGO

Cost: \$182

Age: 5-7 years

Instructor: Play-Well Staff

Location: Computer Room/TEVC

Young Jedi will explore different worlds and engineering principles. Build planes, droids and palaces inspired by designs made in a galaxy far, far away! This is an offering of original designs for you Jedi from Play-Well Technologies.

51666, M-F, 7/11-7/15, 9:00AM-12:00PM

## Jedi Master Engineering with LEGO

Cost: \$182

Age: 7-12 years

Instructor: Play-Well Staff

Location: Computer Room/TEVC

Build complex machines and structures based on designs from the Star Wars Galaxy. Projects include X-Wings, Pod Racers, Star Destroyers and more. Instructors reinforce engineering concepts such as gear trains, worm drives, eccentric motion and more.

51668, M-F, 7/11-7/15, 1:00PM-4:00PM

## Junkyard Robots

Cost: \$170

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

We will use the power of science to build a Bristle Bot that's up to our Battle Arena and Race Course. Meet the electro-powered Robo Bug. Explore alternative energy and save the Earth with our Green Energy Station.

51906, M-Th, 7/25-7/28, 9:00AM-12:00PM

## Junkyard Robots

Cost: \$170

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

Explore Newton's Laws and wire up your Wacky Wild Wheels. We will build NASA's original robot hand. Just for fun, campers will enter the Poisons Academy and mix up some gooey science with erupting foam monsters, crystal rainbows and more.

51907, M-Th, 7/25-7/28, 1:00PM-4:00PM

## Junkyard Robots Day Camp

Cost: \$240

Age: 5-11 years

Instructor: Science Matters Staff

Location: Computer Room/TEVC

This class will include both the morning and afternoon sessions of the Junkyard Robots Camp.

52360, M-Th, 7/25-7/28, 9:00AM-4:00PM

**To prevent class cancellations  
please register at least one week  
prior to class start date.**



## Jurassic Experience

Cost: \$165

Age: 8-10 years

Instructor: B3 Instructor

Location: Lakeside Club House/JFRC

Designed for the dinosaur lover! Campers will construct their own Lego theme park and dinosaur and create a t-shirt and 30-second movie trailer. Add exploding volcanos, dinosaur fossil digs and some dinosaur themed games—it's a roaring good time!

51892, M-F, 7/18-7/22, 1:30PM-4:30PM

## Kids Cooking Camp

Cost: \$125

Age: 7-12 years

Instructor: Chefsville Instructor

Location: Meeting Room A/JFRC

Kids will learn basic cooking skills using math and science, menu planning, kitchen and food safety, and good eating habits. With all the different ingredients, equipment and cooking cultures, kids will love getting to cook and enjoy their own food.

51902, M-F, 6/06-6/10, 1:00PM-4:00PM

51903, T-F, 7/05-7/08, 9:15AM-12:00PM\*

(\*4 days, \$100)

## Minecraft Mod Design with JavaScript - NEW

Cost: \$139

Age: 7-14 years

Instructor: Techno Wiz Kids Staff

Location: Meeting Room B/JFRC

Learn to Mod Minecraft with JavaScript. After learning the concepts in Blockly, the next step is learn the syntax of JavaScript; much easier than trying to learn Blockly and JavaScript simultaneously. A \$30 supply fee due the first day of class.

51937, M-F, 8/15-8/19, 1:00PM-3:30PM

## Mini-Hawk Multi-Sport Camp

Cost: \$118

Age: 4-7 years

Instructor: Skyhawks Coaches

Location: Hillside Amphitheater/JFRC

Learn soccer, basketball, baseball and flag football in a safe, structured environment focused on hand/eye coordination and skill development. Participants will scrimmage, play games and prepare for 'The Finals' in each sport. Fee includes sports ball and t-shirt.

51898, M-F, 6/13-6/17, 9:00AM-12:00PM

## Missoula Children's Theater

Cost: \$75

Age: Entering 1st Grade – 12th Grade

Instructor: Missoula Children's Theatre Staff

Location: Allen Public Library Auditorium

This camp provides kids of all ages the chance to put on a theater production from start to finish. This year, Missoula Children's Theatre will present two camps: Pinocchio during July and Peter and Wendy in August. All registrants will receive a part and rehearsal times will vary.

Entering 1st Grade – Age 7

52231, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52234, M-Sat, 8/08-8/13, 10:00AM-2:30PM

Ages 8-12

52232, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52235, M-Sat, 8/08-8/13, 10:00AM-2:30PM

Ages 13-18

52233, M-Sat, 7/11-7/16, 10:00AM-2:30PM

52236, M-Sat, 8/08-8/13, 10:00AM-2:30PM

## Pre-Engineering using LEGO

Cost: \$182

Age: 5-7 years

Instructor: Play-Well Staff

Location: Computer Room/TEVC

Build engineer-designed projects such as boats, bridges, mazes and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor.

51664, M-F, 6/27-7/01, 9:00AM-12:00PM

## Robotronix

Cost: \$117

Age: 6-10 years

Instructor: Brainopolis Staff

Location: Computer Room/TEVC

Join our group of thinkers and inventors as we build artifacts with motors, program robots, assemble metal vehicles and put together moving toys.

51855, M-F, 6/27-7/01, 9:00AM-12:00PM

## STEM Genius – Engineering & Math

Cost: \$165

Age: 6-10 years

Instructor: Mad Science Instructors

Location: Meeting Room A/JFRC

Explore your curiosity as you have fun digging into STEM as you discover more about Engineering (applying knowledge to design solutions) and Math (study of patterns and relationships).

51895, M-F, 8/01-8/05, 9:00AM-12:00PM

Register online at

<http://online.activecommunities.com/allentxparks>

# PRE-SCHOOL & YOUTH

## Structures

Cost: \$117  
Age: 6-11 years  
Instructor: Brainopolis Staff  
Location: Computer Room/TEVC  
A variety of pex tubes and connectors will be used to build child size structures related to the topic of study, allowing children to create learn and share their ideas. This camp will include the construction of houses, planes and other vehicles.  
51864, M-F, 7/18-7/22, 9:00AM-12:00PM

## Tennis and Swim Camp

Cost: \$88  
Age: 7-12 years  
Instructor: Schkade/Waters  
Location: Allen High School Tennis Courts/DRN  
This camp will provide exposure to tennis with professional instructors through fun, organized activities. Daily swimming at Allen's Ford Pool will be included. Don't forget to bring your bathing suit/towel along with your racquet and tennis shoes!  
52352, M-Th, 6/06-6/09, 12:00PM-3:00PM  
52353, M-Th, 6/13-6/16, 12:00PM-3:00PM  
52354, M-Th, 6/20-6/23, 12:00PM-3:00PM  
52355, M-Th, 6/27-6/30, 12:00PM-3:00PM  
52356, M-Th, 7/11-7/14, 12:00PM-3:00PM  
52357, M-Th, 7/18-7/21, 12:00PM-3:00PM  
52358, M-Th, 7/25-7/28, 12:00PM-3:00PM

## The Gaming Academy

Cost: \$318  
Age: 10-15 years  
Instructor: Youth Tech Staff  
Location: Meeting Room B/JFRC  
Designed for those who love video games, The Gaming Academy is a combination of Video Game, Advanced Game and 3D Game Design courses. Students will be immersed into the world of 2D and 3D design and get hands-on experience designing and building games.  
51613, M-Th, 7/11-7/14, 9:00AM-4:00PM

## Tiny-Hawk Multi-Sport Camp

Cost: \$118  
Age: 3-4 years  
Instructor: Skyhawks Coaches  
Location: Hillside Amphitheater/JFRC  
Soccer and t-ball are introduced in a safe and structured environment as participants have fun learning new sports and playing in scrimmages. Participants must be toilet trained. Fee includes a sports ball, t-shirt and merit award.  
51901, M-F, 6/06-6/10, 9:00AM-12:00PM

## Video Game Design

Cost: \$178  
Age: 10-15 years  
Instructor: Youth Tech Staff  
Location: Meeting Room B/JFRC  
This course provides students with a fun, interactive look at the world of video game design and development. Students will learn the basics of video game design and produce several different interactive video games to share with friends and family.  
51592, M-Th, 6/20-6/23, 1:00PM-4:00PM  
51670, M-Th, 6/27-6/30, 9:00AM-12:00PM  
51671, M/T, 7/11-7/12, 9:00AM-4:00PM

## Volleyball Camp

Cost: \$118  
Age: 7-12 years  
Instructor: Skyhawks Coaches  
Location: Gym/JFRC  
Designed for beginner and intermediate players, this camp will teach all aspects of volleyball through drills, exercises, and scrimmages that focus on passing, setting, hitting and serving. Fee includes sports ball and t-shirt.  
51896, M-F, 7/11-7/15, 9:00AM-12:00PM

## Wizards Potions

Cost: \$165  
Age: 8-12 years  
Instructor: B3 Instructor  
Location: Lakeside Club House/JFRC  
Always wanted to attend Hogwarts? You'll love this camp! Create a unique magic wand. Then through chemistry, make amazing magic potions like vampire veins, magic bubbles, glow in the dark and color changing potions and more!  
51803, M-F, 6/27-7/01, 1:30PM-4:30PM

## Zombie Apocalypse Survival Camp

Cost: \$100  
Age: 8-15 years  
Instructor: JFRC Staff  
Location: Amenity Pavilion/JFRC  
The Zombie Apocalypse is coming! Do not fear because Zombie Apocalypse Survival Camp teaches important survival skills like archery, fishing, shelter building and outdoor cooking. The undead won't stand a chance!  
(8-11 years )  
51938, M-F, 6/13-6/17, 9:00AM-1:00PM  
51940, M-F, 7/11-7/15, 9:00AM-1:00PM  
51942, M-F, 8/08-8/12, 9:00AM-1:00PM  
(12-15 years)  
51939, M-F, 6/27-7/01, 9:00AM-1:00PM  
51941, M-F, 7/25-7/29, 9:00AM-1:00PM  
51943, M-F, 8/15-8/19, 9:00AM-1:00PM

## Education

### Chess Academy

Cost: \$75  
Age: 5-13 years  
Instructor: Ofet  
Location: Lakeside Clubhouse/JFRC  
Chess is often called the game of life as it harnesses one's concentration while improving reading, writing and math skills. Learn and enjoy this classic game.  
51794, Wed, 6/15-7/06, 7:30PM-8:30PM

### Conquer Cursive Writing

Cost: \$28  
Age: 7 years+  
Instructor: Clemmer  
Location: Meeting Room A/JFRC  
Learning cursive still has value, even in the age of typing and texting. A Certified Texas teacher will help participants master the art of cursive hand writing in a fun, relaxed atmosphere.  
51632, Wed, 6/15, 9:00AM-12:00PM  
51634, Wed, 8/17, 9:00AM-12:00PM

### Jedi Engineering with LEGO

Cost: \$182  
Age: 5-7 years  
Instructor: Play-Well Staff  
Location: Computer Room/TEVC  
Young Jedi will explore different worlds and engineering principles. Build planes, droids and palaces inspired by designs made in a galaxy far, far away! This is an offering of original designs for you Jedi from Play-Well TEKologies.  
51666, M-F, 7/11-7/15, 9:00AM-12:00PM

### Jedi Master Engineering with LEGO

Cost: \$182  
Age: 7-12 years  
Instructor: Play-Well Staff  
Location: Computer Room/TEVC  
Build complex machines and structures based on designs from the Star Wars Galaxy. Projects include X-Wings, Pod Racers, Star Destroyers and more. Instructors reinforce engineering concepts such as gear trains, worm drives, eccentric motion and more.  
51668, M-F, 7/11-7/15, 1:00PM-4:00PM



## Multiplication Magic

Cost: \$28  
Age: 7-13 years  
Instructor: Clemmer  
Location: Meeting Room A/JFRC

Every kid needs to learn times tables at some point which means practice. Unfortunately, practicing times tables can be unmotivated and boring. We will make learning multiplication fun. Develop math skills while discovering its relevance in today's world.

51627, Wed, 6/22, 9:00AM-12:00PM  
51629, Wed, 8/10, 9:00AM-12:00PM

## Scooter Clinics by Custom Scooters

Cost: \$60  
Age: 5-14 years  
Instructor: Staff YC  
Location: Skate Park/TEVC

The Custom Scooters team will cover equipment maintenance, safety equipment, park etiquette and tricks. Students learn park tricks and flat ground tricks that can be practiced at home. Team Riders will demonstrate all tricks and help students as they practice.

51609, Mon, 5/02-5/23, 6:30PM-7:30PM  
51610, Mon, 6/06-6/27, 6:30PM-7:30PM  
51608, Mon, 7/11-8/01, 6:30PM-7:30PM  
51611, Mon, 8/08-8/29, 6:30PM-7:30PM

## Fitness

### CrossFit Kids

Cost: \$98  
Age: 4-18 years  
Instructor: CrossFit Staff  
Location: Offsite/CrossFit

Build a foundation to make health and fitness a way of life by creatively incorporating cardiovascular and respiratory endurance. Flexibility, coordination, agility and balance are taught with special attention to form. Participants grouped by age first day of class.

51630, T/Th, 5/10-6/23, 5:00PM-6:00PM  
51631, T/Th, 6/28-8/11, 5:00PM-6:00PM

## Parent & Me

### Busy Days

Cost: \$85  
Age: Newborn-18 months  
Instructor: Kindermusik Instructor  
Location: Meeting Room A/JFRC

Discover new ways baby benefits from the classics and develop an appreciation for the world's most respected music. Each class features new activities and songs that parents can sing everywhere. A \$40 supply fee due first day. Pro-rated fees available.

52244, Mon, 6/13-7/18, 11:30AM-12:15PM

## Family Fun Beginner Ice Skating

Cost: \$66 for 2 skaters (4 weeks)  
Age: All Ages  
Instructor: ACIR Staff  
Location: ACIR

Introductory skating lessons designed to teach participants forward and backward skating, proper falling, dips and stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Sat, 10:30AM  
Summer I: 5/14-6/04  
Summer II: 7/09-7/30

## Family Night @ The Edge Skate Park

Cost: Free  
Age: 8-14 years  
Instructor: Staff YC  
Location: Skate Park/TEVC

This is an opportunity for families to bring out their small children and enjoy the skate park free of older influences. Children must be accompanied by at least one parent to gain entrance to the park.

51602, Thu, 6/16, 6:00PM-8:00PM  
51603, Thu, 7/21, 6:00PM-8:00PM  
51604, Thu, 8/18, 6:00PM-8:00PM

## Peekaboo, I Love You

Cost: \$85  
Age: Newborn-18 months  
Instructor: Kindermusik Instructor  
Location: Meeting Room A/JFRC

Rhymes and games help babies understand language and improve child development. You'll uncover more ways to say, "I love you" using American Sign Language, soap bubbles and parent/baby dances. A \$40 supply fee due first day. Pro-rated fees available.

51790, Mon, 5/02-6/06, 11:30AM-12:15PM

## Pet Parade

Cost: \$85  
Age: 18 months-5 years  
Instructor: Kindermusik Instructor  
Location: Meeting Room A/JFRC

Gather your critters, it's time for some fun! We'll use our bodies and imaginations to gallop like horses, scamper like mice and fly like birds all while developing motor skills and vocabulary. A \$40 supply fee is due first day. Pro-rated fees available.

(18 months-3 years)  
51793, Mon, 5/02-6/06, 10:30AM-11:15AM  
(4-5 years)  
52249, Mon, 5/02-6/06, 9:30AM-10:15AM

Register online at

<http://online.activecommunities.com/allentxparks>

# PRE-SCHOOL & YOUTH

## Zoo Train

Cost: \$85

Age: 18 months-5 years

Instructor: Kindermusik Instructor

Location: Meeting Room A/JFRC

Every song, game and activity will inspire creativity and imaginative play. Zoo animals are a favorite subject for preschoolers. Have the most fun of the summer making music via the Zoo Train! A \$40 supply fee due first day. Pro-rated fees available.

(18 months-3 years)

52243, Mon, 6/13-7/18, 10:30AM-11:15AM

(3-5 years)

51792, Mon, 6/13-7/18, 9:30AM-10:15AM

## Performing Arts

### Ballet I

Cost: \$48

Age: 6-9 years

Instructor: Ensemble Dance Instructor

Location: JFRC

Designed for children with little or no dance training, this ballet class will study the fundamental elements of the technique using a modern approach. Students will enjoy learning basic positions and combinations with an emphasis on musicality and placement.

51656, Tue, 6/07-6/28, 11:00AM-12:00PM

51657, Tue, 7/05-7/26, 11:00AM-12:00PM

### Building Ballerinas

Cost: \$48

Age: 3-5 years

Instructor: Ensemble Dance Instructor

Location: JFRC

Young students will dance their first steps in Ballet to a compilation of music from classical to contemporary while imagining the world of fairies and forest friends. Emphasis is on fun while learning correct positions and basic steps.

51640, Tue, 6/07-6/28, 10:00AM-11:00AM

51641, Tue, 7/05-7/26, 10:00AM-11:00AM

## Sports

### Archery

Cost: \$40-\$60

Age: 5-13 years

Instructor: JFRC Staff

Location: Hillside Amphitheater/JFRC

Designed for the new archer, this class guides participants through the fun of picking up a bow for the first time. Students gain confidence through introduction and are provided the resources to explore the sport. All equipment is included.

(5-7 years, \$40)

51944, Thu, 5/05-5/26, 5:30PM-6:15PM

51945, Thu, 6/02-6/23, 5:30PM-6:15PM

51946, Thu, 7/07-7/28, 5:30PM-6:15PM

51947, Thu, 8/04-8/25, 5:30PM-6:15PM

(8-13 years, \$60)

51948, Thu, 5/05-5/26, 6:30PM-7:30PM

51949, Thu, 6/02-6/23, 6:30PM-7:30PM

51950, Thu, 7/07-7/28, 6:30PM-7:30PM

51951, Thu, 8/04-8/25, 6:30PM-7:30PM

### Cheerleading, Gymnastics & Tumbling

Cost: \$40-\$45

Age: 2-13 years

Instructor: Jones

Location: JFRC

Learn basic techniques for cheerleading, gymnastics and tumbling. Participants engage in activities created to encourage balance, coordination and fun! A one-time fee of \$18 due the first class. Students in class for 3 consecutive months get pom-poms and a t-shirt.

(2-5 years, \$40)

51924, Wed, 5/04-5/18, 11:00AM-11:45AM

51925, Wed, 6/01-6/29, 11:00AM-11:45AM

51926, Wed, 7/06-7/27, 11:00AM-11:45AM

51927, Wed, 8/03-8/24, 11:00AM-11:45AM

(6-13 years, \$45)

52245, Thu, 5/05-5/19, 6:30PM-7:30PM

52246, Thu, 6/02-6/23, 6:30PM-7:30PM

52247, Thu, 7/07-7/28, 6:30PM-7:30PM

52248, Thu, 8/04-8/25, 6:30PM-7:30PM

## Fencing

Cost: \$68

Age: 6 years+

Instructor: Nemeth

Location: Offsite/North Texas Fencing Alliance

Learn the art and sport of Olympic-style fencing. Great for athletes and thinkers, fencing is a great activity for all ages, fitness levels and families. A \$20 equipment fee due the first day of class. Call 817.946.1720 or email [info@northtexasfencingalliance.com](mailto:info@northtexasfencingalliance.com) to learn more.

51635, Fri, 5/06-5/27, 7:15PM-8:15PM

51636, Fri, 6/03-6/24, 7:15PM-8:15PM

51637, Fri, 7/01-7/29, 7:15PM-8:15PM

51638, Fri, 8/05-8/26, 7:15PM-8:15PM

## Martial Arts - ISMA

Cost: \$58

Age: 5-12 years

Instructor: Bales

Location: Meeting Room A&B/JFRC

This rewarding martial arts program for kids teaches self-esteem, confidence and physical conditioning developed through discipline, realistic self-defense techniques and structure. Start-up fee (\$48) required at first class for uniform, mouthpiece and AAU membership.

(New Students thru Yellow Stripe Belts)

51536, M/Th, 5/02-5/26, 4:30PM-5:30PM

51537, M/Th, 6/06-6/30, 4:30PM-5:30PM

51538, M/Th, 7/07-7/28, 4:30PM-5:30PM

51539, M/Th, 8/01-8/25, 4:30PM-5:30PM

(Approved ISMA Yellow Stripe Belts and Higher)

51540, M/Th, 5/02-5/26, 5:30PM-6:30PM

51541, M/Th, 6/06-6/30, 5:30PM-6:30PM

51542, M/Th, 7/07-7/28, 5:30PM-6:30PM

51543, M/Th, 8/01-8/25, 5:30PM-6:30PM

## Scooter Clinics by Custom Scooters

Cost: \$60

Age: 5-14 years

Instructor: Staff YC

Location: Skate Park/TEVC

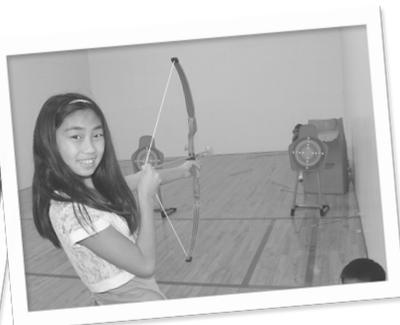
The Custom Scooters team will cover equipment maintenance, safety equipment, park etiquette and tricks. Students learn park tricks and flat ground tricks that can be practiced at home. Team Riders will demonstrate all tricks and help students as they practice.

51609, Mon, 5/02-5/23, 6:30PM-7:30PM

51610, Mon, 6/06-6/27, 6:30PM-7:30PM

51608, Mon, 7/11-8/01, 6:30PM-7:30PM

51611, Mon, 8/08-8/29, 6:30PM-7:30PM



## S.N.A.G. (Starting New at Golf)

Cost: \$42

Age: 5-8 years

Instructor: Skyhawks Coaches

Location: Hillside Amphitheater/JFRC

Designed for the entry-level player, SNAG simplifies instruction so young players can make an easy and effective transition onto the golf course. No need to bring your own clubs - all equipment is provided.

51897, Tue, 5/03-5/24, 6:00PM-7:00PM

## Small Fry Basketball

Cost: \$63

Age: 4-6 years

Instructor: Brenham

Location: Gym/JFRC

Join us for a wonderful opportunity for the Small Fry of the house to work on building confidence and self-esteem while having fun gaining early basketball skills.

51587, Sun, 6/05-6/26, 1:30PM-2:30PM

51588, Sun, 7/10-7/31, 1:30PM-2:30PM

51589, Sun, 8/07-8/28, 1:30PM-2:30PM

## Soccer Sparks

Cost: \$88

Age: 2-9 years

Instructor: Parvanov

Location: Ball Field/JFRC

Spark the passion for the game in young players! Kids will have fun while learning the sound principles and techniques of soccer such as dribbling, passing, shooting and teamwork in a fun environment.

(2-3 years)

51534, Sat, 5/07-6/25, 9:00AM-9:30AM

51535, Sat, 7/09-8/20, 9:00AM-9:30AM\*

(4-5 years)

51530, Sat, 5/07-6/25, 9:30AM-10:15AM

51531, Sat, 7/09-8/20, 9:30AM-10:15AM\*

(6-9 years)

51532, Sat, 5/07-6/25, 10:15AM-11:00AM

51533, Sat, 7/09-8/20, 10:15AM-11:00AM\*

(\*7 weeks, \$77)

## Start Smart Basketball

Cost: \$63

Age: 7-14 years

Instructor: Brenham

Location: Gym/JFRC

This class is designed to help build confidence and self-esteem while having fun and enjoying a positive early basketball experience. Fundamentals of the game are taught while emphasizing the concept of teamwork.

51580, Sun, 6/05-6/26, 1:30PM-3:00PM

51581, Sun, 7/10-7/31, 1:30PM-3:00PM

51582, Sun, 8/07-8/28, 1:30PM-3:00PM

## Tennis – Quick Start (5-7 Years)

Cost: \$56

Age: 5-7 years

Instructor: Schkade/Waters

Location: Tennis Courts/Ford Park

This quick start class is designed to teach racket skills and the fundamentals of the sport through a variety of fun activities. Participants will learn strokes needed to play tennis. Activities are geared toward teaching younger players.

52311, Wed, 6/01-6/22, 4:00PM-5:00PM

52312, Sat, 6/04-6/25, 9:00AM-10:00AM

52313, M-Th, 6/06-6/09, 10:00AM-10:55AM

52314, M-Th, 6/13-6/16, 10:00AM-10:55AM

52315, M-Th, 6/20-6/23, 10:00AM-10:55AM

52316, M-Th, 6/27-6/30, 10:00AM-10:55AM

52318, Wed, 7/06-7/27, 4:00PM-5:00PM

52319, Sat, 7/09-7/30, 9:00AM-10:00AM

52320, M-Th, 7/11-7/14, 10:00AM-10:55AM

52321, M-Th, 7/18-7/21, 10:00AM-10:55AM

52322, M-Th, 7/25-7/28, 10:00AM-10:55AM

## Tennis – Quick Start (8-11 Years)

Cost: \$56

Age: 8-11 years

Instructor: Schkade/Waters

Location: Tennis Courts/Ford Park

This class uses the quick start program to teach the fundamentals of tennis. Players will learn the proper technique for the forehand, backhand, serve and volley. A variety of activities will reinforce skills.

52324, Wed, 6/01-6/22, 5:00PM-6:00PM

52325, Sat, 6/04-6/25, 10:00AM-11:00AM

52330, M-Th, 6/06-6/09, 11:00AM-11:55AM

52326, M-Th, 6/13-6/16, 11:00AM-11:55AM

52331, M-Th, 6/20-6/23, 11:00AM-11:55AM

52332, M-Th, 6/27-6/30, 11:00AM-11:55AM

52334, Wed, 7/06-7/27, 5:00PM-6:00PM

52335, Sat, 7/09-7/30, 10:00AM-11:00AM

52327, M-Th, 7/11-7/14, 11:00AM-11:55AM

52328, M-Th, 7/18-7/21, 11:00AM-11:55AM

52329, M-Th, 7/25-7/28, 11:00AM-11:55AM

## Tennis – Youth Drill & Play

Cost: \$56 for 55-minute classes / \$66 for 90-minute classes

Age: 7-13 years

Instructor: Schkade/Waters

Location: Tennis Courts/Ford Park

Players will work on stroke development and start league play with this course. Students play matches and work on the mechanics of tennis based on individual needs. Participants should be able to rally balls with forehands and backhands.

52337, Wed, 6/01-6/22, 6:00PM-7:30PM

52338, Sat, 6/04-6/25, 11:00AM-12:30PM

52339, M-Th, 6/06-6/09, 9:00AM-9:55AM

52340, M-Th, 6/13-6/16, 9:00AM-9:55AM

52341, M-Th, 6/20-6/23, 9:00AM-9:55AM

52343, M-Th, 6/27-6/30, 9:00AM-9:55AM

52344, Wed, 7/06-7/27, 6:00PM-7:30PM

52345, Sat, 7/09-7/30, 11:00AM-12:30PM

52346, M-Th, 7/11-7/14, 9:00AM-9:55AM

52347, M-Th, 7/18-7/21, 9:00AM-9:55AM

52349, M-Th, 7/25-7/28, 9:00AM-9:55AM

Register online at  
<http://online.activecommunities.com/allentxparks>

## Activities

### Adult Hockey Intermediate Skills

Cost: \$140 (8 weeks)

Ages: 14+

Location: ACIR

Prerequisite: Hockey 1

This class focuses on the concepts of positioning during game play as well as the advanced development of hockey skills. Enrollment in Hockey Skating 2 is highly recommended. Goalies receive 50% off.

Summer I: 5/15-7/03

Summer II: 7/10-8/28

### Adult Learn to Play Hockey

Cost: \$128 (8 weeks)

Ages: 4-6yrs, 7-14yrs

Location: ACIR

Prerequisite: Hockey 1

This class focuses on the fundamentals of ice hockey such as skating, puck control, shooting, and passing. Enrollment in Hockey Skating 1 or Hockey Skating 2 while in this program is highly recommended. Goalies receive 50% off.

Summer I: 5/14-7/02

Summer II: 7/09-8/27

### Introduction to Ice Skating

Ages: 3-4 years, 5-7 years, 8-13 years, 14 years+

Cost: \$88 (8 weeks)

Instructor: ACIR Staff

Location: ACIR

Introductory skating lessons designed to teach participants forward and backward skating, proper falling, dips and stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Summer I: 5/10-7/02

Summer II: 7/05-8/27

Introductory skating lessons designed to teach participants forward and backward skating, proper falling, dips and stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Sat, 10:30AM

Summer I: 5/14 – 6/04 (4 weeks)

Summer II: 7/09 – 7/30 (4 weeks)

### Intro to Hockey

Cost: \$88 (8 weeks)

Ages: 5-13 years and Adult

Location: ACIR

Prerequisite: Intro to Skating. Gloves & helmet optional.

Skating lesson designed to teach beginning hockey skills such as forward and backward skating, 2 foot and 1 foot glides, 2 foot jumps, swizzles and snowplow stops. This is a 30 minute class that includes skate rental and additional open skating passes.

Summer I: 5/10-7/02

Summer II: 7/05-8/27

### Night Hike

Cost: \$5

Age: 4 years+

Instructor: JFRC Staff

Location: Offsite

Experience outdoor life at night and enjoy some time off the beaten path. Learn about nocturnal animals and how senses change with fading light. Children under 12 years must be accompanied by a registered adult.

51525, Sat, 5/21, 8:00PM-9:30PM

51526, Sat, 6/18, 8:00PM-9:30PM

### Scooter Clinics by Custom Scooters

Cost: \$60

Age: 5-14 years

Instructor: Staff YC

Location: Skate Park/TEVC

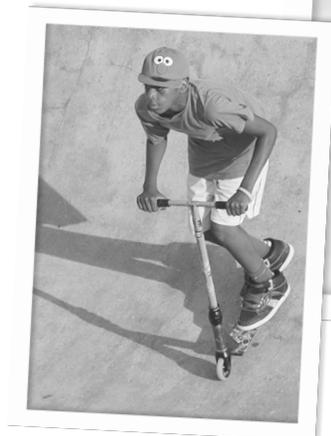
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51609, Mon, 5/02-5/23, 6:30PM-7:30PM

51610, Mon, 6/06-6/27, 6:30PM-7:30PM

51608, Mon, 7/11-8/01, 6:30PM-7:30PM

51611, Mon, 8/08-8/29, 6:30PM-7:30PM



### Visitor Center Lock In

Cost: \$20 members / \$25 Non-Member

Age: 10-16 years

Instructor: Staff YC

Location: Great Room/TEVC

This fun-filled night is not to be missed! From video game tournaments to dodgeball and movies, activities run all night long! Concessions will be available and meals will be provided.

51594, Fri, 5/20, 11:00PM-7:00AM

51595, Fri, 6/10, 11:00PM-7:00AM

51596, Fri, 7/15, 11:00PM-7:00AM

51597, Fri, 8/12, 11:00PM-7:00AM

## Education

### Alcohol Education Program for Minors

Cost: \$50

Age: 12-21 years

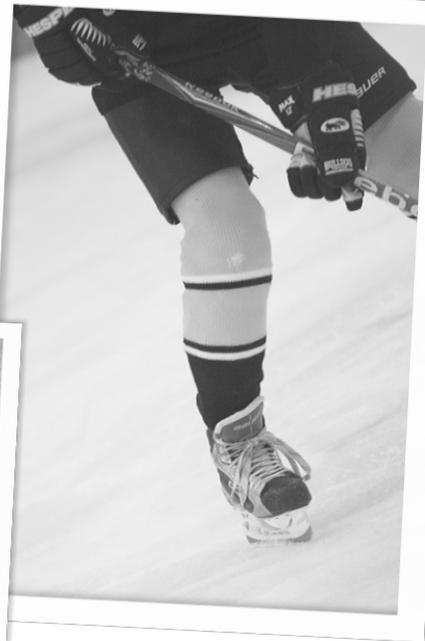
Instructor: Hughes

Location: Meeting Room B/JFRC

Approved by the Texas Commission on Alcohol and Drug Abuse, this program educates on laws relating to possession, consumption and purchase of alcoholic beverages, minors driving under the influence and the effects of alcohol.

51914, Sat/Sun, 06/04-06/05, 1:00PM-4:00PM

51915, Sat/Sun, 08/06-08/07, 1:00PM-4:00PM



## Childcare & Babysitting Education

Cost: \$60

Age: 11-15 years

Instructor: Rhodes

Location: Meeting Room A/JFRC

Build confidence and self-esteem by learning the necessary skills to care for infants and children on a daily basis and in emergency situations. For more information, visit [corecpr.com](http://corecpr.com).

51652, Sat, 6/04, 10:00AM-2:00PM

51654, Sat, 8/06, 10:00AM-2:00PM

## CPR & First Aid Certification

Cost: \$55.00 members / \$65 non-members

Age: 12+ years

Instructor: DRN Staff

Location: Conference Room/DRN

This course will teach American Red Cross adult, child and infant CPR, as well as first aid. Participants receive a certification card upon successful completion.

52222, Sat, 5/07, 8:30AM-3:30PM

52223, Sat, 6/04, 8:30AM-3:30PM

52224, Sat, 8/13, 8:30AM-3:30PM

## DWI Education

Cost: \$60

Age: 16 years+

Instructor: Hughes

Location: Amenity Building/JFRC

This 12 hour class meets all TX court mandated requirements regarding first offense 'Driving While Intoxicated' convictions. Education related to the effects of alcohol and/or drugs on how they impair driving habits & abilities. Certificate of completion is issued upon successful completion.

51916, Fri-Sun, 6/03-6/05, 6:00PM-9:00PM

(time varies per day)

51917, Fri-Sun, 8/05-8/07, 6:00PM-9:00PM

(time varies per day)

## Home Improvement – NEW

Cost: \$65

Age: 18 years+

Instructor: Shaw

Location Amenity Building/JFRC

Learn to apply different wall textures, paint and faux finishes. You will be introduced to various supplies such as latex and oil-based paints and then will create different textures using sheet rock and mud.

51913, Tu/Thu, 6/28-7/07, 6:00PM-9:00PM

## Hunter Education Training Course

Cost: \$25

Age: 9 years+

Instructor: Shaw

Location: Amenity Building/JFRC

The State of Texas requires every hunter born on or after Sept. 2, 1971, to successfully complete a Hunter Education Training Course. Participants must bring SS# and DL (if driving age) to the first class. DO NOT BRING GUNS TO CLASS. Class fee includes text book.

51862, Sat, 8/20, 8:30AM-5:30PM

## Lifeguard Certification

Cost: \$205 members / \$225 non-member

Age: 15+ years

Instructor: DRN Staff

Location: Competition Pool/DRN

This is an online blended learning class that satisfies the requirements for the American Red Cross Lifeguard Certification. Students are required to pass a pretest on the first day of the class.

52227, F-Su, 5/06-5/08, 5/06 5:00PM-8:00PM,

5/07-5/08, 8:00AM-6:00PM

52228, F-Su, 8/12-8/14, 8/12 5:00PM-8:00PM,

8/13-8/14, 8:00AM-6:00PM

## Planning Your Vacation – NEW

Cost: \$20

Age: 18 years+

Instructor: Kelso

Location: Amenity Building/JFRC

Are you tired of spending hours on the internet trying to piece a vacation together? Acquire the knowledge you need to plan the vacation of your dreams!

51910, Wed, 6/15, 6:30PM-8:30PM

51911, Thu, 6/23, 6:30PM-8:30PM

## Striper Fishing

Cost: \$50

Age: 7 years+

Instructor: Shaw

Location: Amenity Building/JFRC

USCG Captain Shaw will cover techniques to help you become a better fisherman delivering instruction on rods, reels, tackle, lure selection, knots, bait and live wells. Children 14 years and younger must have a registered adult present.

51912, Sat, 5/21, 10:00AM-3:00PM

## Water Safety Instructor Certification

Cost: \$205 members / \$225 non-members

Location: Leisure Pool/DRN

The purpose of American Red Cross Water Safety Instructor course is to train instructor candidates to teach courses in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress. Pre-requisites include: 16 years of age on or before the final class date; ability to swim front crawl, back crawl, breaststroke, elementary backstroke and sidestroke 25 yards each; butterfly 15 yards; float for 1 minute; tread water for 1 minute. Taking the class does not guarantee certification.

52213, F-Sun, 7/22-7/24, 7/22 5:00PM-8:00PM,

7/23-7/24, 8:00AM-6:00PM

## Fitness

### Aerobic Punch Card

Love group exercise but don't want to join the gym?

Don Rodenbaugh Natatorium offers Aerobic Punch Cards that allow you to participate in any 12 water or land aerobics classes of your choice at whatever times you choose and they never expire! Membership is not required.

Cost: \$39 members

\$51 non-members

Ages: 16 years+

## Baby Boot Camp – JFRC

Age: 18 years+

Instructor: Patel

Location: Gym/JFRC

Get a total body workout by conditioning, strength training, singing, bilingual counting, ABC's and more. New moms must be six weeks postpartum, eight weeks post C-section and pregnant moms must have doctor's note. For info, visit [babybootcamp.com](http://babybootcamp.com) or email [victoria.patel@babybootcamp.com](mailto:victoria.patel@babybootcamp.com).

# TEENS & ADULTS

## Body Blast

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Hough

Location: Aerobic Room/DRN

This full-body conditioning class utilizes steps and weighted bars to focus on dynamic strength, cardiovascular and endurance work, core conditioning and balance.

M/W/F, 10:15AM-11:15AM

## Cardio Drumming – DRN

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Scott

Location: Aerobic Room/DRN

With a combination of aerobic step, music and keeping tempo – cardio fitness is achieved and stress is relieved. This class uses rhythm as the source of inspiration to discover a new group fitness experience.

Tue, 11:30AM-12:15PM

## Cardio Drumming – JFRC

Cost: \$23

Age: 8 years+

Instructor: Scott

Location: Meeting Room A&B/JFRC

This class uses fast paced Latin-based and Hip Hop rhythms as the source of inspiration to discover a new group fitness experience. Class includes a combination of aerobic step, dance moves and a variety of remixes! For info call, call 214.509.4753.

51830, Wed, 5/04-5/25, 5:10 PM-5:50PM

51831, Wed, 6/01-6/22, 5:10PM-5:50PM

51833, Wed, 7/06-7/27, 5:10PM-5:50PM

51832, Wed, 8/03-8/17, 5:10PM-5:50PM\*

(\*3 weeks, \$18.50)

## Core Endurance

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Carter

Location: Aerobic Room/DRN

Core Fusion combines Pilates, yoga, ballet and dance principles to stretch, tone and lengthen muscles like never before.

Sat, 10:15AM-11:00AM

## CrossFit Kids

Cost: \$98

Age: 4-18 years

Instructor: CrossFit Staff

Location: Offsite/CrossFit

Build a foundation to make health and fitness a way of life by creatively incorporating cardiovascular and respiratory endurance. Flexibility, coordination, agility and balance are taught with special attention to form. Participants grouped by age first day of class.

51630, T/Th, 5/10-6/23, 5:00PM-6:00PM

51631, T/Th, 6/28-8/11, 5:00PM-6:00PM

## Easy Morning Yoga – NEW

Cost: \$28

Age: 18 years+

Instructor: Yu

Location: Lakeside Club House/JFRC

Beginner's yoga consists of basic postures, alignment, proper breathing techniques and relaxation. Gradually increase strength, flexibility and balance. This friendly, calm environment is perfect for anyone who always wanted to experience yoga.

51881, Mon, 5/02-5/23, 8:30AM-9:30AM

51882, Mon, 6/06-6/27, 8:30AM-9:30AM

51883, Mon, 7/11-7/25, 8:30AM-9:30AM\*

51884, Mon, 8/01-8/22, 8:30AM-9:30AM

(\*3 weeks, \$21)

## FitLinxx

Cost: Free to Don Rodenbaugh Natatorium members

Age: 16 years+

Instructor: Fitness Specialist

Location: DRN

FitLinxx is an easy-to-read, touch screen display that tracks your daily workout. A computerized system attached directly to our fitness equipment will add an extraordinarily "intelligent" dimension to your workout experience. Call the Fitness Desk at 214.509.4777 to schedule an appointment.

## Lean & Strong

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Napper

Location: Aerobic Room/DRN

Use free weights and body weight to develop long, lean muscles. Exercises are easy to learn and can be adjusted to your ability level. This is a friendly, fun environment and perfect for anyone who is new to fitness.

Fri, 6:00AM-7:00AM



## Meditation for Beginners – NEW

Cost: \$28  
Age: 18 years+  
Instructor: Yu  
Location: Lakeside Club House/JFRC

The regular practice of meditation allows us to gain an increasing sense of calmness, clarity and self-awareness. This class introduces the beginner to the various steps of meditation and reinforces the discipline of quietness and peacefulness.

51885, Mon, 5/02-5/23, 9:45AM-10:15AM  
51889, Mon, 6/06-6/27, 9:45AM-10:15AM  
51890, Mon, 7/11-7/25, 9:45AM-10:15AM\*  
51891, Mon, 8/01-8/22, 9:45AM-10:15AM  
(\*3 weeks, \$21)

## One-on-One Personal Training

Cost: \$65/session / \$585 for 10 sessions / \$975 for 20 sessions

Age: 14 years+  
Instructor: Napper  
Location: DRN

Don Rodenbaugh Natatorium offers personal training with a nationally certified professional fitness trainer. With professional instruction and accountability you can lose weight the right way.

## Personal Training – JFRC

Cost: \$45 per hour / per individual

Age: 16 years+  
Instructor: Staff  
Location: Fitness Room/JFRC

Get advice on current training regimens, learn the basics of cardiovascular training and get a customized exercise program. Call 214.509.4753 for information on individual, partner and group sessions. Time and days are arranged with trainer and client.

## Pilates – DRN

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+  
Instructor: Hough  
Location: Aerobic Room/DRN

Our Pilates mat classes will help you develop long, lean muscles, improved flexibility and increased muscular strength. Participants will benefit from core and stability training with enhanced breathing techniques.

M/W, 11:15AM-12:00PM

## Pilates – JFRC

Cost: \$23 once a week (Tue only) / \$38 twice a week

Age: 16 years+  
Instructor: Rupp  
Location: Meeting Room A&B /JFRC

Learn the importance of core stabilization, gain core strength, flexibility and muscle tone. This 'gentle on the body yet challenging workout' will work your entire body and help you develop a long, lean look. All fitness levels welcome.

51676, T/Th, 5/03-5/26, 5:25PM-6:25PM  
51677, T/Th, 6/06-6/30, 5:25PM-6:25PM  
51678, T/Th, 7/12-8-04, 5:25PM-6:25PM  
51679, T/Th, 8/09-9/01, 5:25PM-6:25PM

## Roden-Barre

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+  
Instructor: Pai  
Location: Aerobic Room/DRN

This total body workout combines yoga, Pilates and ballet techniques that focus on conditioning and toning using light weights and props.

Tue, 10:15AM-11:15AM

## Small Group Training

Cost: \$140-\$160/month

Age: 16 years+  
Instructor: Napper  
Location: Aerobic Room/DRN

Take the camaraderie of group training, add the individualized attention of personal training and you've got Small Group Training. A certified professional trainer will blend the benefits of working out with a group—such as accountability and encouragement—with an individualized workout.

51684, M/W, 5/02-5/30, 6:10AM-7:00AM  
51689, T/Th, 5/03-5/31, 6:30PM-7:30PM  
51683, M/W, 6/01-6/29, 6:10AM-7:00AM  
51682, T/Th, 6/02-6/30, 6:30PM-7:30PM  
51685, M/W, 7/04-7/27, 6:10AM-7:00AM  
51686, T/Th, 7/05-7/28, 6:30PM-7:30PM  
51687, M/W, 8/01-8/31, 6:10AM-7:00AM  
51688, T/Th, 8/02-8/30, 6:30PM-7:30PM

## Tai Chi: 64-Move, Advanced Form

Cost: \$39  
Age: 16 years+  
Instructor: Booth  
Location: Lakeside Club House/JFRC

Following the completion of the Tai Chi 64-Move, Open Class, continue to learn the complete 64-Move, Lu-Yang style of Tai Chi. Class will focus on the second half of the 64-Move Form. For more information, email [info@taichiplayers.com](mailto:info@taichiplayers.com).

51783, Mon, 5/02-5/23, 7:45PM-8:45PM  
51784, Mon, 6/06-6/27, 7:45PM-8:45PM  
51785, Mon, 7/11-8/01, 7:45PM-8:45PM  
51786, Mon, 8/08-8/22, 7:45PM-8:45PM

## Tai Chi: 64-Move, Enhance Your Form

Cost: \$39  
Age: 16 years+  
Instructor: Booth

Location: Meeting Room A&B/JFRC

This class is designed for those wanting to enhance their form of the 64-Move, Lu-Yang style of Tai Chi. Class is open to those who have already completed the 64-Move Form, Advanced class. For more information, email [info@taichiplayers.com](mailto:info@taichiplayers.com).

51779, Tue, 5/03-5/24, 7:45PM-8:45PM  
51780, Tue, 6/07-6/28, 7:45PM-8:45PM  
51781, Tue, 7/05-7/26, 7:45PM-8:45PM  
51782, Tue, 8/02-8/16, 7:45PM-8:45PM\*  
(\*3 weeks, \$30)

## Tai Chi: 64-Move, Open Form

Cost: \$39  
Age: 16 years+  
Instructor: Booth  
Location: Lakeside Club House/JFRC

Gain calmness, strength, and balance as you learn the Lu-Yang Style of Tai Chi, a form that focuses on weight shifts and moving with the Tai Chi energy ball. Completion of Intro to Tai Chi or previous experience recommended. For more information, email [info@taichiplayers.com](mailto:info@taichiplayers.com).

51726, Mon, 5/02-5/23, 6:35PM-7:35PM  
51729, Mon, 6/06-6/27, 6:35PM-7:35PM  
51728, Mon, 7/11-8/01, 6:35PM-7:35PM  
51727, Mon, 8/08-8/29, 6:35PM-7:35PM

**To prevent class cancellations  
please register at least one week  
prior to class start date.**

# TEENS & ADULTS

## Tai Chi: Intro to Tai Chi

Cost: \$39

Age: 16 years+

Instructor: Booth

Location: Lakeside Club House/JFRC

Tai Chi ('Moving Meditation') helps quiet the chatter of the mind while its unique slow movements help to reduce pain and strengthen organs and muscles while increasing energy and vitality. For more information, email [info@taichiplayers.com](mailto:info@taichiplayers.com).

51787, Wed, 5/05/5/25, 7:40PM-8:30PM

51788, Wed, 7/06-7/27, 7:40PM-8:30PM

## TGIF Yoga

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Freis

Location: Aerobic Room/DRN

This is the perfect way to start the weekend practicing slow-flow poses of moderate intensity. Hatha yoga builds muscular strength, endurance, flexibility, balance and concentration. Learn relaxation techniques to help with stress and promote well-being.

Fri, 12:15PM-1:15PM

## Total Body Strength Training

Cost: \$20 members / \$25 non-members

Age: 16 years+

Instructor: Rupp

Location: Meeting Room A&B/JFRC

This results-oriented group class teaches how to use weighted bars, dumbbells, resistance tubing and other tools to sculpt your body. Receive close attention to safely execute proper form and achieve results. Class is open to men and women and all fitness levels.

51819, Wed, 5/04-5/25, 6:00PM-7:00PM

51820, Wed, 6/08-6/29, 6:00PM-7:00PM

51821, Wed, 7/13-8/03, 6:00PM-7:00PM

51822, Wed, 8/10-8/31, 6:00PM-7:00PM

## Weight Room Orientation – JFRC

Cost: FREE

Age: 14 years+

Instructor: Runco

Get an orientation of the JFRC fitness room while learning about proper weight lifting techniques and correct usage of weight room equipment. Call JFRC at 214.509.4753 for dates and times.

## Yoga

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Pai/Sukhatankar

Location: Aerobic Room/DRN

Improve your balance and concentration in a non-competitive atmosphere. Relaxation and breathing techniques will help reduce stress and promote well-being.

T/Th, 9:00AM-10:00AM

Sat, 9:00AM-10:00AM

## Yoga For Every Body

Cost: \$28 members / \$33 non-members

Age: 18 years+

Instructor: Yu

Location: Meeting Room A&B/JFRC

Tap into your inner joy with poses and breath-work to create flexibility and relaxation. Modifications and gentle adjustments are offered making this class accessible to all. Join us to yoke mind, body and spirit and achieve a sense of well-being.

51550, Tue, 5/03-5/31, 6:35PM-7:35PM\*

51551, Tue, 6/07-6/28, 6:35PM-7:35PM

51552, Tue, 7/05-7/26, 6:35PM-7:35PM

51553, Tue, 8/02-8/23, 6:35PM-7:35PM

(\*5 weeks, \$35 members / \$41.25 non-members)

## Zumba

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Hough/Scott

Location: Aerobic Room/DRN

Zumba incorporates high energy Latin and international music with unique dance moves and combinations. The routines feature aerobic and fitness interval training with fast and slow rhythms that tone and sculpt the body.

Mon, 12:15PM-1:15PM

Tue, 11:30AM-12:15PM

T/Th, 5:30PM-6:15PM

Fri, 11:15AM-12:00PM

Sat, 11:15AM-12:15PM

## Performing Arts

### Adult Salsa & Swing

Cost: \$40 individual / \$65 couple

Age: 17 years+

Instructor: Jones

Location: Lakeside Clubhouse/JFRC

Learn beginners and intermediate, west coast and east coast swing with your favorite music! From the Lindy Hop to the Charleston, learn using step-by-step movement. A one-time supply fee of \$18 is due first day of class.

51929, Wed, 6/01-6/22, 7:00PM-8:00PM

51930, Wed, 8/03-8/24, 7:00PM-8:00PM

### Hip-Hop Fusion – NEW

Cost: \$83 / \$13 Drop-In

Age: 10 years+

Instructor: Johnson

Location: Lakeside Clubhouse/JFRC

Hip Hop Fusion is a combination of dance hall, hip hop and African dance. You will learn rhythm and how to move in a stylistic way.

(10-16 years)

51865, T/Th, 6/21-8/11, 6:30PM-7:30PM

(17 years+)

51853, T/Th, 6/21-8/11, 7:30PM-8:30PM

### Songwriting & Arrangements – NEW

Cost: \$83 / \$13 Drop-In

Age: 10 years+

Instructor: Johnson

Location: Amenity Building/JFRC

Unleash the creativity in your mind and become the next great songwriter! You will learn how to write lyrics and the creative process of constructing melodies and rhythm.

(10-16 years)

51866, Wed, 6/22-08/10, 6:00PM-7:00PM

(17 years+)

51854, Wed, 6/22-08/10, 7:00PM-8:00PM

Register online at  
<http://online.activecommunities.com/allentxparks>

## Sports

### Fencing

Cost: \$68

Age: 6 years+

Instructor: Nemeth

Location: Offsite/North Texas Fencing Alliance

Learn the art and sport of Olympic-style fencing. Great for athletes and thinkers, fencing is a great activity for all ages, fitness levels and families. A \$20 equipment fee due the first day of class. Call 817.946.1720 or email [info@northtexasfencingalliance.com](mailto:info@northtexasfencingalliance.com) to learn more.

51635, Fri, 5/06-5/27, 7:15PM-8:15PM

51636, Fri, 6/03-6/24, 7:15PM-8:15PM

51637, Fri, 7/01-7/29, 7:15PM-8:15PM

51638, Fri, 8/05-8/26, 7:15PM-8:15PM

### Martial Arts – ISMA

Cost: \$58

Age: 13 years+

Instructor: Bales

Location: Meeting Room A&B/JFRC

ISMA's complete martial arts system focuses on street applicable defense against single to multiple attackers. Self-defense, strikes, weaponry, reflexes, conditioning and more. Progress is through belt/sash ranks. Start-up fee (\$48 youth/\$60 adult) is required at first class.

51544, M/Th, 5/02-5/26, 6:30PM-7:30PM

51545, M/Th, 6/06-6/30, 6:30PM-7:30PM

51546, M/Th, 7/07-7/28, 6:30PM-7:30PM

51547, M/Th, 8/01-8/25, 6:30PM-7:30PM

### Racquetball Tournament

Cost: FREE for members / \$5 non-members

Age: 17 years+

Instructor: JFRC Staff

Location: Racquetball Courts/JFRC

Test your skills and meet fellow players! All skill levels are encouraged to join. The tournament will be single elimination and open to singles and doubles.

51791, Sat, 6/25, 10:30AM-5:30PM

### Scooter Clinics by Custom Scooters

Cost: \$60

Age: 5-14 years

Instructor: Staff YC

Location: Skate Park/TEVC

The Custom Scooters team will cover equipment maintenance, safety equipment, park etiquette and tricks. Students learn park tricks and flat ground tricks that can be practiced at home. Team Riders will demonstrate all tricks and help students as they practice.

51609, Mon, 5/02-5/23, 6:15PM-7:15PM

51610, Mon, 6/06-6/27, 6:15PM-7:15PM

51608, Mon, 7/11-8/01, 6:15PM-7:15PM

51611, Mon, 8/08-8/29, 6:15PM-7:15PM

### Tennis – Adult Drill & Play

Cost: \$62

Age: 18 years+

Instructor: Schkade/Waters

Location: Tennis Courts/Ford Park

Get off the couch, dig the racket out of the closet and get back into the sport! Beginner and intermediate adults will refine skills via drills for 30 minutes and play singles or doubles for 45 minutes.

52350, Mon, 6/06-6/27, 7:30PM-8:45PM

52351, Mon, 7/11-8/01, 7:30PM-8:45PM

### Tennis – Youth Drill & Play

Cost: \$56 for 55-minute classes / \$66 for 90-minute classes

Age: 7-13 years

Instructor: Schkade/Waters

Location: Tennis Courts/Ford Park

Players will work on stroke development and start league play with this course. Students play matches and work on the mechanics of tennis based on individual needs. Participants should be able to rally balls with forehands and backhands.

52337, Wed, 6/01-6/22, 6:00PM-7:30PM

52338, Sat, 6/04-6/25, 11:00AM-12:30PM

52339, M-Th, 6/06-6/09, 9:00AM-9:55AM

52340, M-Th, 6/13-6/16, 9:00AM-9:55AM

52341, M-Th, 6/20-6/23, 9:00AM-9:55AM

52343, M-Th, 6/27-6/30, 9:00AM-9:55AM

52344, Wed, 7/06-7/27, 6:00PM-7:30PM

52345, Sat, 7/09-7/30, 11:00AM-12:30PM

52346, M-Th, 7/11-7/14, 9:00AM-9:55AM

52347, M-Th, 7/18-7/21, 9:00AM-9:55AM

52349, M-Th, 7/25-7/28, 9:00AM-9:55AM



# AQUATICS & WATER FITNESS



## Education

### CPR & First Aid Certification

Cost: \$55.00 Members / \$65 Non-Members

Age: 12+ years

Instructor: DRN Staff

Location: Conference Room/DRN

This course will teach American Red Cross adult, child and infant CPR, as well as first aid. Participants receive a certification card upon successful completion.

52222, Sat, 5/07, 8:30AM-3:30PM

52223, Sat, 6/04, 8:30AM-3:30PM

52224, Sat, 8/13, 8:30AM-3:30PM

### Junior Lifeguarding Program

Cost: \$135.00 Members / \$145.00 Non-Members

Age: 11-14 years

Instructor: Staff DRN

Location: Conference Room/DRN

American Red Cross Junior Lifeguarding is a program for youth that provides a foundation of aquatic and leadership knowledge, attitudes and skills for future successful completion of the Red Cross Lifeguarding courses. Course is designed to cover 5 areas important for lifeguarding: Prevention, Fitness, Response, Leadership and Professionalism. Will have the opportunity to be certified in Lay Responder CPR and First Aid. Pre-requisite: Ages: 11-14, must be able to swim 25 yards, tread water for 1 min., swim underwater a distance of 10 ft.

52217, M/W/F, 6/27-7/29, 10:00AM-12:00PM

### Lifeguard Certification

Cost: \$205 members / \$225 non-member

Age: 15+ years

Instructor: DRN Staff

Location: Competition Pool/DRN

This is an online blended learning class that satisfies the requirements for the American Red Cross Lifeguard Certification. Students are required to pass a pretest on the first day of the class.

52227, F-Su, 5/06-5/08, 5/06 5:00PM-8:00PM,  
5/07-5/08, 8:00AM-6:00PM

52228, F-Su, 8/12-8/14, 8/12 5:00PM-8:00PM,  
8/13-8/14, 8:00AM-6:00PM

### Water Safety Instructor Certification

Cost: \$205 members / \$225 non-members

Location: Leisure Pool/DRN

The purpose of American Red Cross Water Safety Instructor course is to train instructor candidates to teach courses in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress. Pre-requisites include: 16 years of age on or before the final class date; ability to swim front crawl, back crawl, breaststroke, elementary backstroke and sidestroke 25 yards each; butterfly 15 yards; float for 1 minute; tread water for 1 minute. Taking the class does not guarantee certification.

52213, F-Sun, 7/22-7/24, 7/22 5:00PM-8:00PM,  
7/23-7/24, 8:00AM-6:00PM

## Learn to Swim

### Adult Aquatics

Cost: \$45 member / \$55 non-member

Age: 13+

Location: Leisure Pool/DRN

Improve aquatic comfort level through small group focus on personal achievements, from basic skills like submerges and floating to refinement of the six major strokes. All skill levels welcome. Cost includes a one-month swim pass for practice between classes.

52151, Sat, 5/07-5/28, 12:15PM-1:00PM

52152, T/Th, 6/07-6/16, 5:30PM-6:15PM

52154, Sat, 6/11-7/02, 10:20AM-11:05AM

52153, T/Th, 6/21-6/30, 5:30PM-6:15PM

52155, T/Th, 7/05-7/14, 5:30PM-6:15PM

52157, Sat, 7/09-7/30, 10:20AM-11:05AM

52156, T/Th, 7/19-7/28, 5:30PM-6:15PM

52159, T/Th, 8/02-8/11, 5:30PM-6:15PM

52160, T/Th, 8/16-8/25, 5:30PM-6:15PM

82158, Sat, 8/06-8/27, 10:20AM-11:05AM

### Sharks

Cost: \$60 Members / \$75 non-members / \$50 member sibling discount / \$65 non-member sibling discount

Age: 6 – 12 years

Location: Leisure Pool/DRN

Your child can learn to swim with certified American Red Cross Water Safety Instructors. Students will be evaluated on the first day of class then placed with an appropriate group similar in skill and stroke quality. For a complete listing of skills taught and reviewed, visit [AllenParks.org](http://AllenParks.org).

See chart on page 29 for schedule.

### Minnows

Cost: \$60.00 Member / \$75.00 Non-Member

\$50.00 Member Sibling Discount / \$65.00 Non-Member Sibling Discount

Age: 3-5 years

Location: Leisure Pool/DRN

Your child can learn to swim with certified American Red Cross Water Safety Instructors. Students will be evaluated on the first day of class then placed with an appropriate group similar in skill and stroke quality. For a complete listing of skills taught and reviewed, visit [AllenParks.org](http://AllenParks.org).

See chart on page 29 for schedule.

Register online at  
<http://online.activecommunities.com/allentxparks>

# AQUATICS & WATER FITNESS

## Parent/Child Aquatics A

Cost: \$30 member / \$40 non-member

Age: 6 months-4 years

Location: Leisure Pool/DRN

This water exploration class is designed to help infants and toddlers become comfortable in and around the water. Class also introduces basic skills like blowing bubbles, submerging and supported floating.

52136, Sat, 5/07-5/28, 11:00AM-11:30AM

52131, T/Th, 6/07-6/16, 6:15 PM-6:45PM

52137, Sat, 6/11-7/02, 9:00AM-9:30AM

52132, T/Th, 6/21-6/30, 6:15PM-6:45PM

52133, T/Th, 7/05-7/14, 6:15 PM-6:45PM

52138, Sat, 7/09-7/30, 9:00AM-9:30AM

## Parent/Child Aquatics B

Cost: \$30 member / \$40 non-member

Age: 6 months-4 years

Location: Leisure Pool/DRN

This class reviews skills introduced in Level A and introduces new ones such as glides, arm/leg motions and independent submerges. You'll be in the water with your child preparing them for the Minnows program. Parent/Child A class is recommended but not required before enrolling in this class.

52146, Sat, 5/07-5/28, 11:40AM-12:10AM

52141, T/Th, 6/07-6/16, 6:50 PM-7:20PM

52147, Sat, 6/11-7/02, 9:40AM-10:10AM

52142, T/Th, 6/21-6/30, 6:50PM-7:20PM

52143, T/Th, 7/05-7/14, 6:50PM-7:20PM

52148, Sat, 7/09-7/30, 9:40AM-10:10AM

52144, T/Th, 7/19-7/28, 6:50PM-7:20PM

52145, T/Th, 8/02-8/11, 6:50PM-7:20PM

52150, T/Th, 8/16-8/25, 6:50PM-7:20PM

52149, Sat, 8/06-8/27, 9:40AM-10:10AM

## Special Aqua

### COAST

Cost: \$95 members / \$105 non-members

Age: 6+

Location: Competition Pool/DRN

COAST is sponsored by Allen Parks and Recreation, and each member is registered with the Texas Amateur Athletic Federation (TAAF), which conducts summer swim meets. COAST participates in weekly meets with other area TAAF teams with the opportunity to advance on to the TAAF State Games of Texas. Meet competition is optional. COAST is an excellent way to experience a swim team or to stay in shape for high school or college swimming. \*\*Parent Meeting May 29, 7PM at the Don Rodenbaugh Natatorium. \*\*

52208, M-F, 6/06-7/20, 9:30AM-11:00AM (13 years+)

52209, M-F, 6/06-7/20, 11:00AM-12:00PM

(Advanced, 12 & under)

52210, M-F, 6/06-7/20, 12:00PM-12:45PM

(Intermediate/Beginner, 12 & under)

52211, M-F, 6/06-7/20, 12:45PM-1:30PM

(Intermediate/Beginner, 12 & under)

52212, M-F, 6/06-7/20, 1:30PM-2:15PM

(Intermediate/Beginner, 12 & under)

## Competitive Stroke Clinic

Location: Competition Pool/DRN

This program is for proficient swimmers who have mastered freestyle and backstroke. Students work to build endurance, refine and improve breaststroke and butterfly. Before registration a FREE skills assessment must be completed by a member of the Learn to Swim staff. No signs of struggle or hesitation can be shown when performing the required pre-requisites. If pre-requisites are not met, instructors recommend placement in Sharks. To schedule an assessment please visit the Don Rodenbaugh Natatorium or call 214.509.4770 for additional information.

See chart on page 29 for schedule.

## Beginner Stroke Clinic

Pre-requisite: 50-yard freestyle; 50-yard backstroke; 25-yard breaststroke; 25-yard butterfly. To schedule an assessment please visit the Don Rodenbaugh Natatorium.

Cost: \$35.00 Members / \$45.00 Non-Members

Age: 6-14 years

Location: Competition Pool/DRN

See chart on page 29 for schedule.

## Intermediate Stroke Clinic

Pre-requisite: 100-yard freestyle; 100-yard backstroke; 100-yard breaststroke; 50-yard butterfly. To schedule an assessment please visit the Don Rodenbaugh Natatorium.

Cost: \$45.00 Members / \$55.00 Non-Members

Age: 6-14 years

Location: Competition Pool/DRN

See chart on page 29 for schedule.

## Advanced Stroke Clinic

Pre-requisite: 200-yard freestyle; 200-yard backstroke; 150-yard breaststroke; 100-yard butterfly stroke. This level is for those who have mastered all the strokes and need intense practice to continue building endurance. All four competitive strokes will be practiced through a variety of drills, with a focus on reducing times. To schedule an assessment please visit the Don Rodenbaugh Natatorium.

See chart on page 29 for schedule.

## Diving for Beginners

Cost: \$30 members / \$40 Non-Members

Age: 6-14 years

Location: Competition Pool/DRN

Pre-requisite: Student must be able to demonstrate safe head first entry from poolside in water 12' deep, swim to surface and unassisted to wall or ladder. With individualized attention (participant to instructor ratio, 6-to-1), divers learn basic skills (take-off, hurdle, jump and forward and back dives).

52162, M-Th, 6/06-6/09, 2:30PM-3:00PM

52164, M-Th, 6/13-6/16, 2:30PM-3:00PM

52166, M-Th, 6/20-6/23, 2:30PM-3:00PM

52168, M-Th, 6/27-6/30, 2:30PM-3:00PM

52170, T-F, 7/05-7/08, 2:30PM-3:00PM

52172, M-Th, 7/11-7/14, 2:30PM-3:00PM

52174, M-Th, 7/18-7/21, 2:30PM-3:00PM

52176, M-Th, 7/25-7/28, 2:30PM-3:00PM

52178, M-Th, 8/01-8/04, 2:30PM-3:00PM

52180, M-Th, 8/08-8/11, 2:30PM-3:00PM



# AQUATICS & WATER FITNESS

## Aerobic Punch Card

Love group exercise but don't want to join the gym?

Don Rodenbaugh Natatorium offers Aerobic Punch Cards that allow you to participate in any 12 water or land aerobics classes of your choice at whatever times you choose and they never expire! Membership is not required.

Cost: \$39 members  
\$51 non-members  
Ages: 16 years+

## Water Fitness

### Deep Water Challenge

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Phillips

Location: Competition Pool/DRN

A full-body workout that targets core strength, cardiovascular endurance, muscular toning and balance. Buoyancy belts are used for deep-water flotation and safety.

M/W, 7:00PM-8:00PM

### Deep Water Lunch

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Coleman/Jordan/Hough

Location: Competition Pool/DRN

This is the perfect class for those looking for a high-intensity cardio lunch express workout. Class is filled with a variety of exercises sure to get your adrenaline going!

M/W/F, 12:15PM-1:00PM

### Deep Water Mix

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Hough

Location: Competition Pool/DRN

You will hop, run, leap and bicycle kick to upbeat music while adding strength training with buoys and noodles that will add resistance to give you a total body workout! Includes the use of flotation belts and water noodles.

M/W/F, 9:00AM-9:50AM

### Functional Fitness

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Stinnett

Location: Leisure Pool/DRN

Perfect for beginners looking for a fun, shallow water class that will introduce you to a variety of exercises adapted to a low-impact water environment to improve your flexibility and overall conditioning.

M/W/F, 9:20AM-10:10AM

### Morning Mix-Up

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Phillips

Location: Leisure Pool/DRN

Wake up with this energized total body workout! This class uses the unique properties of the lazy river, shallow and deep water to build core strength, cardio endurance, muscle tone and balance. Buoyancy belts used for workouts.

M/W/F, 6:00AM-7:00AM

### Moving Really Matters

Cost: Free to DRN, ASRC and Silver Sneakers® members or \$3 drop-in fee

Instructor: Phillips

Location: Leisure Pool/DRN

A low-to-moderate intensity water class improving strength, endurance, flexibility and balance. If you are experiencing arthritis, chronic joint/muscle pain, autoimmune diseases, injury recovery/rehab or other physical challenges this class will benefit you.

T/Th, 11:30AM-12:30PM

### Power Splash

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Coleman

Location: Competition Pool/DRN

This advanced, deep water class features more intense cardio work than our regular classes while building strength with low impact. Strength training is emphasized with the use of resistance equipment.

T/Th, 11:30AM-12:30PM

### River Robics

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Horton

Location: Lazy River/DRN

Using our popular lazy river for its force and resistance you will get a challenging cardio and body-toning workout. Use equipment such as noodles and buoys to enhance your workout. All fitness levels will enjoy this workout.

T/Th, 6:30PM-7:30PM

### Shallow Water Works

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Jordan/Hoeffler

Location: Leisure Pool/DRN

Come in and try jogging, lunges, frog hops, jumping jacks and cowboy kicks in moving water. The class is geared for the young at heart!

M/W/F, 8:15AM-9:00AM

### Total Fitness - Shallow

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Tonn

Location: Leisure Pool/DRN

Build cardiovascular endurance as you splash around in the Leisure Pool. Perfect for anyone who doesn't like deep water! All ability levels welcome.

Sat, 9:00AM-9:55AM

### Total Fitness - Deep

Cost: Aerobic Punch Card \$39 members / \$51 non-members

Age: 16 years+

Instructor: Tonn

Location: Competition Pool/DRN

Designed to accommodate intermediate to advanced individuals seeking to target core stabilization, muscular balance and endurance. Class includes cardio and strength interval training while wearing flotation belts.

Sat, 10:00AM-11:00AM

To prevent class cancellations please register at least one week prior to class start date.

# AQUATICS & WATER FITNESS

See descriptions on pages 26-27.

Don Rodenbaugh Natatorium - Learn to Swim																		
Class	May Session* May 3 - May 26			Session 1 June 6 - June 15			Session 2 June 20 - June 29			Session 3 July 5 - July 15			Session 4 July 18- July 28			Session 5 August 1 - 11		
	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #
Minnows	T/Th	4:20 PM	52044	M-F	8:00 AM	52055	M-F	8:00 AM	52068	M-Th	8:00 AM	52081	M-Th	8:00 AM	52094			
	T/Th	5:00 PM	52045	M-F	8:35 AM	52056	M-F	8:35 AM	52069	M-Th	8:35 AM	52082	M-Th	8:35 AM	52095			
	T/Th	5:35 PM	52046	M-F	9:15 AM	52057	M-F	9:15 AM	52070	M-Th	9:15 AM	52083	M-Th	9:15 AM	52096	M-Th	9:15 AM	52107
	T/Th	6:10 PM	52047	M-F	9:50 AM	52058	M-F	9:50 AM	52071	M-Th	9:50 AM	52084	M-Th	9:50 AM	52097	M-Th	9:50 AM	52108
	T/Th	6:45 PM	52048	M-F	10:25 AM	52059	M-F	10:25 AM	52072	M-Th	10:25 AM	52085	M-Th	10:25 AM	52098	M-Th	10:25 AM	52109
	T/Th	7:20 PM	52049	M-F	11:00 AM	52060	M-F	11:00 AM	52073	M-Th	11:00 AM	52086	M-Th	11:00 AM	52099	M-Th	11:00 AM	52110
	T/Th	7:55 PM	52050	M-F	11:40 AM	52061	M-F	11:40 AM	52074	M-Th	11:40 AM	52087	M-Th	11:40 AM	52100	M-Th	11:40 AM	52111
				M-F	12:15 PM	52062	M-F	12:15 PM	52075	M-Th	12:15 PM	52088	M-Th	12:15 PM	52101	M-Th	12:15 PM	52112
Sharks	T/Th	5:00 PM	51971	M-F	8:00 AM	51981	M-F	8:00 AM	51994	M-Th	8:00 AM	52007	M-Th	8:00 AM	52020			
	T/Th	5:35 PM	51972	M-F	8:35 AM	51982	M-F	8:35 AM	51995	M-Th	8:35 AM	52008	M-Th	8:35 AM	52021			
	T/Th	6:10 PM	51973	M-F	9:15 AM	51983	M-F	9:15 AM	51996	M-Th	9:15 AM	52009	M-Th	9:15 AM	52022	M-Th	9:15 AM	52033
	T/Th	6:45 PM	51974	M-F	9:50 AM	51984	M-F	9:50 AM	51997	M-Th	9:50 AM	52010	M-Th	9:50 AM	52023	M-Th	9:50 AM	52034
	T/Th	7:20 PM	51975	M-F	10:25 AM	51985	M-F	10:25 AM	51998	M-Th	10:25 AM	52011	M-Th	10:25 AM	52024	M-Th	10:25 AM	52035
	T/Th	7:55 PM	51976	M-F	11:00 AM	51986	M-F	11:00 AM	51999	M-Th	11:00 AM	52012	M-Th	11:00 AM	52025	M-Th	11:00 AM	52036
					M-F	11:40 AM	51987	M-F	11:40 AM	52000	M-Th	11:40 AM	52013	M-Th	11:40 AM	52026	M-Th	11:40 AM
				M-F	12:15 PM	51988	M-F	12:15 PM	52001	M-Th	12:15 PM	52014	M-Th	12:15 PM	52027	M-Th	12:15 PM	52038

\* May Session will offer Saturday sessions starting May 7 and ending May 28 with varied class times. Call or visit Don Rodenbaugh Natatorium for details.

Don Rodenbaugh Natatorium - Learn to Swim															
Class	Session 1 June 6 - June 15			Session 2 June 20 - June 29			Session 3 July 5 - July 15			Session 4 July 18 - July 28			Session 5 August 1 - 11		
	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #
Minnows	M-F	5:00 PM	52063	M-F	5:00 PM	52076	M-Th	5:00 PM	52089	M-Th	5:00 PM	52102	M-Th	5:00 PM	52113
	M-F	5:40 PM	52064	M-F	5:40 PM	52077	M-Th	5:40 PM	52090	M-Th	5:40 PM	52103	M-Th	5:40 PM	52114
	M-F	6:20 PM	52065	M-F	6:20 PM	52078	M-Th	6:20 PM	52091	M-Th	6:20 PM	52104	M-Th	6:20 PM	52115
	M-F	7:00 PM	52066	M-F	7:00 PM	52079	M-Th	7:00 PM	52092	M-Th	7:00 PM	52105	M-Th	7:00 PM	52116
	M-F	7:40 PM	52067	M-F	7:40 PM	52080	M-Th	7:40 PM	52093	M-Th	7:40 PM	52106			
Sharks	M-F	5:00 PM	51989	M-F	5:00 PM	52002	M-Th	5:00 PM	52015	M-Th	5:00 PM	52028	M-Th	5:00 PM	52039
	M-F	5:40 PM	51990	M-F	5:40 PM	52003	M-Th	5:40 PM	52016	M-Th	5:40 PM	52029	M-Th	5:40 PM	52040
	M-F	6:20 PM	51991	M-F	6:20 PM	52004	M-Th	6:20 PM	52017	M-Th	6:20 PM	52030	M-Th	6:20 PM	52041
	M-F	7:00 PM	51992	M-F	7:00 PM	52005	M-Th	7:00 PM	52018	M-Th	7:00 PM	52031	M-Th	7:00 PM	52042
	M-F	7:40 PM	51993	M-F	7:40 PM	52006	M-Th	7:40 PM	52019	M-Th	7:40 PM	52032			

Don Rodenbaugh Natatorium - Competitive Stroke Clinic												
Class	05/02 - 05/25 05/07 - 05/28 (Sat)			05/30 - 06/22			06/27 - 07/20			07/25 - 08/17		
	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #	Day	Time	Course #
Beginner	M/W	7:30PM	52181	M/W	7:30PM	52190	M/W	7:30PM	52196	M/W	7:30PM	52202
	T/TH	7:30PM	52182	T/TH	7:30PM	52191	T/TH	7:30PM	52197	T/TH	7:30PM	52203
	Sat	11:00 AM	52187									
Intermediate	M/W	8:00 PM	52183	M/W	8:00 PM	52192	M/W	8:00 PM	52198	M/W	8:00 PM	52204
	T/TH	8:00 PM	52184	T/TH	8:00 PM	52193	T/TH	8:00 PM	52199	T/TH	8:00 PM	52205
	Sat	11:45 AM	52188									
Advanced	M/W	7:30 PM	52185	M/W	7:30 PM	52194	M/W	7:30 PM	52200	M/W	7:30 PM	52206
	T/TH	7:30 PM	52186	T/TH	7:30 PM	52195	T/TH	7:30 PM	52201	T/TH	7:30 PM	52207
	Sat	11:00 AM	52189									



# SENIOR ADULTS

## Activities

### Bunco

Cost: \$5

Age: 50 years+

Instructor: Devaney/Hormell

Location: Classroom B/ASRC

Play Bunco without cleaning your house, providing snacks or being a host. Tables of four are needed to play this fast-paced, fun game. Fee covers prizes and snacks. The goal is to make new friends and have fun.

New to Bunco? Come at 12:30 p.m.

51836, Tue, 5/10, 1:00PM-3:00PM

51837, Tue, 5/24, 1:00PM-3:00PM

51838, Tue, 6/14, 1:00PM-3:00PM

51839, Tue, 6/28, 1:00PM-3:00PM

51840, Tue, 7/12, 1:00PM-3:00PM

51841, Tue, 7/26, 1:00PM-3:00PM

51842, Tue, 8/09, 1:00PM-3:00PM

51843, Tue, 8/23, 1:00PM-3:00PM

## Arts & Crafts

### Ceramics

Cost: \$18-\$28

Age: 50 years+

Instructor: Nicholson

Location: Craft Room/ASRC

Basic knowledge of painting is needed to create beautiful ceramic pieces for yourself or as gifts. Learn how to clean greenware, glaze, paint designs and much more. Open to beginners and intermediate students. Supply list available when you register.

51690, Mon, 5/02-5/23, 9:30AM-12:30PM (\$23)

51691, Mon, 6/06-6/27, 9:30AM-12:30PM (\$23)

51692, Mon, 7/11-7/25, 9:30AM-12:30PM (\$18)

51693, Mon, 8/29-9/26, 9:30AM-12:30PM (\$28)

### Meditative Drawing

Cost: \$40 / \$50

Age: 50 years +

Instructor: Kaufmann

Location: Craft Room/ASRC

Learn a new appreciation of the world around you through drawing with easy intricate patterns that relax the body and stimulate brain function. Play with free form and fun designs. No art experience necessary. A \$15 supply fee due to the instructor.

51698, Thu, 5/05-5/26, 10:00AM-12:00PM (\$40)

51699, Thu, 6/02-6/30, 10:00AM-12:00PM (\$50)

51700, Thu, 7/07-7/28, 10:00AM-12:00PM (\$40)

51701, Thu, 8/04-8/25, 10:00AM-12:00PM (\$40)

### Yes, You Can Paint!

Cost: \$42 / \$45

Age: 50 years+

Instructor: Elkins

Location: Craft Room/ASRC

Be amazed at the beautiful oil painting you can complete in one fun, inspiring lesson. Learn basics of color mixing, brushstrokes and perspective and complete a professional looking painting. Bring paper towels, wear old clothes.

"Spring Landscape w/Red Bud Trees"

51702, Fri, 5/20, 9:30AM-12:00PM

"Blue Heron at Sunset"

51703, Fri, 6/17, 9:30AM-12:00PM

"Under the Sea" (grandparent/grandchild \$45)

51704, Fri, 7/15, 10:00AM-11:30PM

"Koi Pond" in Acrylic

51705, Fri, 8/19, 9:30AM-12:00PM

## Dance

### Beginner Line Dance Lessons

Cost: \$18

Age: 50 years+

Instructor: Donaldson

Location: Multi-purpose Room AB/ASRC

Learn popular line dances and gain confidence. Each class receive instructions to a new dance and then dance previous routines. Dance to a range of music including Country Western, Blues, Jazz, Salsa, and Hip Hop. No dance experience required.

51844, Thu, 5/05-6/30, 5:00PM-6:30PM

51845, Thu, 7/07-9/01, 5:00PM-6:30PM

### Intermediate Line Dance Lessons

Cost: \$9

Age: 50 years+

Instructor: Donaldson

Location: Multi-purpose Room AB/ASRC

For experienced line dancers that know names of the step moves. Learn new dances on Tuesdays and practice on Thursdays. Improver to advanced current popular line dances taught to music from Country and Western, Blues, Jazz, Salsa, as well as Hip Hop.

51846, T/Th, 5/03-5/26, 12:30PM-1:15PM

51847, T/Th, 6/02-6/30, 12:30PM-1:15PM

51848, T/Th, 7/05-7/28, 12:30PM-1:15PM

51849, T/Th, 8/02-8/30, 12:30PM-1:15PM

### Line Dance Mixer

Cost: \$3 members / \$6 non-members

Age: 50 years+

Instructor: Donaldson

Location: Multi-purpose Room ABC/ASRC

Come join other dancers and show off your moves to a variety of dances. Beginner to advanced level line routines are mixed through the two hour dance party. Music runs non-stop without instruction providing music to over 35 routines.

51809, Tue, 5/03, 5:30PM-8:00PM

51810, Tue, 6/07, 5:30PM-8:00PM

51811, Tue, 7/05, 5:30PM-8:00PM

51813, Tue, 8/02, 5:30PM-8:00PM

## Education

### AARP Driver Safety

Cost: \$15 AARP Members / \$20 Non-members

Age: 50 years+

Location: Classroom A & B/ASRC

Refresher course for drivers over 50. Learn defensive driving techniques and evidence based strategies to keep you safe on the roads and reduce maintenance and car insurance costs. Fee is payable to instructor by cash or check on the day of class.

51755, Mon, 5/16, 12:30PM-5:00PM

51756, Mon, 7/18, 12:30PM-5:00PM

### Dinner & Learn

Cost: Free

Age: 50 years+

Location: Classroom B/ASRC

Instructor: Steelman

Join United Financial Services for an informative presentation on retirement strategies followed by a complimentary, no obligation meal. You will receive the latest information on fixed annuities, along with the latest on the new laws of social security.

51851, Tue, 8/23, 6:00PM-7:45PM



## Memory Café

Cost: Free  
Age: 50 years+  
Location: Classroom B/ASRC

Meet similar individuals with memory loss and their caregivers in this safe, supportive, and engaging environment. The Café encourages friendship and acceptance as you laugh, learn, and remain socially engaged with others traveling the same journey.

51757, Mon, 4/11, 10:15AM-12:00PM  
51758, Mon, 5/09, 10:15AM-12:00PM  
51759, Mon, 6/13, 10:15AM-12:00PM  
51760, Mon, 7/11, 10:15AM-12:00PM  
51761, Mon, 8/08, 10:15AM-12:00PM

## Fitness

### Cardio Drum'n

Cost: \$16 / \$20  
Age: 50 years+  
Instructor: Scott

Location: Multi-purpose Room A/ASRC

Gain an increased awareness of your body, coordination and kinesthetic development through this exciting drumming class. Drumming is its own playful reward, people know what they are doing is achievable and they feel relaxed, involved, and focused.

51706, Tue, 5/03-5/24, 10:20AM-11:05AM (\$20)  
51707, Tue, 6/07-6/28, 10:20AM-11:05AM (\$16)  
51708, Tue, 7/05-7/26, 10:20AM-11:05AM (\$16)  
51709, Tue, 8/02-8/30, 10:20AM-11:05AM (\$20)

### Chair Volleyball

Cost: Free  
Age: 50 years+  
Facilitator: Bergesen  
Location: Multi-Purpose A/ASRC

More fun than you can possibly stand - while seated! Chair volleyball is great for upper body mobility, muscle tone, reflexes, hand-to-eye coordination and endurance. Game is played with a beach ball and a 5 1/2 foot net. Rules are similar to regular volleyball.

51762, Wed, 5/04-5/25, 11:00AM-12:00PM  
51766, Fri, 5/06-5/27, 9:00AM-11:00AM  
51763, Wed, 6/01-6/29, 11:00AM-12:00PM  
51767, Fri, 6/03-6/24, 9:00AM-11:00PM  
51768, Fri, 7/01-7/29, 9:00AM-11:00PM  
51764, Wed, 7/06-8/03, 11:00AM-12:00PM  
51765, Wed, 8/03-8/31, 11:00AM-12:00PM  
51769, Fri, 8/05-8/26, 9:00AM-11:00AM

## Moving Really Matters

Cost: Free to DRN, ASRC and SilverSneakers® members or \$3 drop-in fee  
Instructor: Phillips  
Location: Leisure Pool/DRN

A low-to-moderate intensity water class improving strength, endurance, flexibility and balance. This class will benefit those experiencing arthritis, chronic joint/muscle pain, autoimmune diseases, injury recovery/rehab, or other physical challenges.  
T/Th, 11:30AM-12:30PM

## Pilates

Cost: \$21-\$25.50  
Age: 50 years+  
Instructor: Pai

Location: Multi-purpose Room B/ASRC

This class is a mind body exercise which will promote good posture, increase flexibility, improve balance, build core strength, and help in creating lean strong muscles without adding bulk.

51713, Mon, 5/02-5/23, 10:15AM-11:00AM (\$21)  
51710, Thu, 5/05-5/26, 10:15AM-11:00AM (\$21)  
51717, Thu, 6/02-6/23, 10:15AM-11:00AM (\$25.50)  
51714, Mon, 6/06-6/27, 10:15AM-11:00AM (\$21)  
51711, Thu, 7/07-7/28, 10:15AM-11:00AM (\$21)  
51715, Mon, 7/11-7/25, 10:15AM-11:00AM (\$16.50)  
51716, Mon, 8/01-8/29, 10:15AM-11:00AM (\$25.50)  
51712, Thu, 8/04-8/25, 10:15AM-11:00AM (\$21)

## Pole Walking

Cost: \$10  
Age: 50 years+  
Instructor: Hinkle

Location: ASRC lobby/ Allen walking trails

Pole walking is a form of exercise in which you walk with a specially designed pole in order to engage a greater number of muscles than simply walking or jogging. Compared to simple walking, you will experience a full body workout!

(Needs Poles)  
51771, Tue, 5/03-5/31, 9:30AM-11:00AM  
51772, Tue, 6/07-6/28, 9:30AM-11:00AM  
51775, Tue, 7/05-7/26, 9:30AM-11:00AM  
51776, Tue, 8/02-8/30, 9:30AM-11:00AM  
(Bringing Poles)  
51774, Tue, 5/03-5/31, 9:30AM-11:00AM  
51773, Tue, 6/07-6/28, 9:30AM-11:00AM  
51777, Tue, 7/05-7/26, 9:30AM-11:00AM  
51778, Tue, 8/02-8/30, 9:30AM-11:00AM

## SilverSneakers®: Cardio

Cost: Aerobic Punch Card \$39 members / \$51 non-members / Free to SilverSneakers® members  
Instructor: Graham  
Location: Aerobic Room/DRN

Get up and go with a class that's safe, heart-healthy and gentle on the joints. The class includes easy-to-follow low-impact movement and upper-body strength, abdominal conditioning and stretching exercises designed to energize your active lifestyle.  
Thu, 8:00AM-8:45AM

## SilverSneakers®: Circuit

Cost: Aerobic Punch Card \$39 members / \$51 non-members / Free to SilverSneakers® members  
Instructor: Graham  
Location: Aerobic Room/DRN

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work is alternated with low-impact choreography. A chair is used for standing support and stretching exercises.  
Tue, 8:00AM-8:45AM

## SilverSneakers®: Classic

Cost: Aerobic Punch Card \$39 members / \$51 non-members / Free to SilverSneakers® members  
Instructor: Graham/Hoefer  
Location: Aerobic Room/DRN

Move to the music through exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing and a Silver Sneakers® ball are offered for resistance. A chair is available if needed.  
M/W/F, 9:00AM-10:00AM

## Silver Sneakers® Classic

Cost: Free for Silver Sneakers® members/\$16.25/5 classes for non-Silver Sneakers® members  
Instructor: Jordan  
Location: Multi-purpose Room A/ASRC

Increase cardiovascular and muscular endurance with this high-energy circuit workout. Use hand held weights, elastic tubing and a ball to increase upper-body strength. The multi-level, equipment-based workout is alternated with non-impact aerobics.  
51718, Tue, 5/03-5/24, 9:00AM-9:45AM  
51725, Thu, 5/12-5/26, 1:30PM-2:15PM  
51720, Thu, 6/02-6/30, 1:30PM-2:15PM  
51719, Tue, 6/07-6/28, 9:00AM-9:45AM  
51721, Tue, 7/05-7/26, 9:00AM-9:45AM  
51722, Thu, 7/07-7/28, 1:30PM-2:15PM  
51723, Tue, 8/02-8/30, 9:00AM-9:45AM  
51724, Thu, 8/04-8/25, 1:30PM-2:15PM

# SENIOR ADULTS

## SilverSneakers®: Splash

Cost: Aerobic Punch Card \$39 members / \$51 non-members / Free to SilverSneakers® members

Instructor: Jordan/Hoefler

Location: Leisure Pool/DRN

Activate your urge for variety! Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning. No swimming ability is required. A SilverSneakers® kickboard or other aquatic equipment is used.

M/W/F, 10:15AM-11:00AM

## Strength-Core-Balance

Cost: \$31 / \$38

Age: 50 years+

Instructor: Stallo

Location: Multi-purpose Room B/ASRC

Restore balance, develop core strength and build lean muscle while minimizing injuries through a full body workout with balance postures, chairs, mats, hand weights, resistance bands and stability balls. Bring a yoga mat. All levels will benefit.

51730, Tue, 5/03-5/31, 10:00AM-10:45AM (\$38)

51734, Fri, 5/13-5/27, 9:00AM- 9:45AM (\$24)

51735, Fri, 6/03-6/24, 9:00AM- 9:45AM (\$31)

51731, Tue, 6/07-6/28, 10:00AM-10:45AM (\$31)

51736, Fri, 7/01-7/29, 9:00AM- 9:45AM (\$38)

51732, Tue, 7/05-7/26, 10:00AM-10:45AM (\$31)

51737, Tue, 8/02-8/30, 10:00AM-10:45AM (\$38)

51733, Fri, 8/05-8/26, 9:00AM- 9:45AM (\$31)

## Strength-Core-Balance PLUS!

Cost: \$35 / \$43

Age: 50 years+

Instructor: Stallo

Location: Multi-purpose Room B/ASRC

Focus will be more on stomach, back, chest, and hip exercises. Restore balance, develop core strength and build lean muscle through a full body workout with balance postures, hand weights, resistance bands and stability balls. Bring a yoga mat.

51739, Thu, 5/05-5/26, 9:00AM-10:00AM (\$35)

51742, Thu, 6/02-6/30, 9:00AM-10:00AM (\$43)

51740, Thu, 7/07-7/28, 9:00AM-10:00AM (\$35)

51741, Thu, 8/04-8/25, 9:00AM-10:00AM (\$35)

## Tai Chi

Cost: \$12

Age: 50 years+

Instructor: Chiu

Location: Multi-purpose Room B/ASRC

Tai Chi and Qigong are ideal for seniors. These low-impact exercises calm the mind and improve overall wellness, balance, muscle strength, coordination and flexibility.

51826, Mon, Wed, Fri, 5/02-5/30, 11:00AM-11:45AM

51827, Mon, Wed, Fri, 6/01-6/29, 11:00AM-11:45AM

51828, Mon, Wed, Fri, 7/01-7/29, 11:00AM-11:45AM

51829, Mon, Wed, Fri, 8/01-8/26, 11:00AM-11:45AM

## Yoga

Cost: \$21-\$33

Instructor: Pai

Location: Classroom AB/ASRC

Practice slow-flow style (Vinyasa) yoga through a calm and peaceful state of moving meditation. Flow yoga links breaths with movement. All levels are welcome and modifications are shown to meet different abilities. Bring a yoga mat.

51751, Mon, 5/02-5/23, 9:00 AM-10:00AM (\$27)

51752, Wed, 5/04-5/25, 9:00AM-10:00AM (\$27)

51754, Fri, 5/13-5/27, 9:00AM-10:00AM (\$21)

51743, Wed, 6/01-6/29, 9:00AM-10:00AM (\$33)

51744, Fri, 6/03-6/24, 9:00AM-10:00AM (\$27)

51753, Mon, 6/06-6/27, 9:00AM-10:00AM (\$27)

51745, Fri, 7/01-7/29, 9:00AM-10:00AM (\$33)

51748, Wed, 7/06-7/27, 9:00AM-10:00AM (\$27)

51747, Mon, 7/11-7/25, 9:00AM-10:00AM (\$21)

51749, Mon, 8/01-8/29, 9:00AM-10:00AM (\$33)

51750, Wed, 8/03-8/31, 9:00AM-10:00AM (\$33)

51746, Fri, 8/05-8/26, 9:00AM-10:00AM (\$27)



## Allen Senior Recreation Center

The City of Allen and Allen Senior Recreation Center are dedicated to providing leisure, social, and service opportunities to Allen seniors. Adults 50 years and above are invited to participate in a wide variety of educational, social, and physical activity programs in a friendly and welcoming environment. Programs offered are designed to promote healthy independent living and enhance quality of life while working to foster community among older adults.

### Membership is simple - anyone can join!

- \$5 for City of Allen Residents (must present valid state ID and City of Allen water bill as proof of residency)
- \$24 for Non-Residents

For more information call 214.509.4820



# ADULT SPORTS LEAGUES

**Athletic Website:** [teamsideline.com/allen](http://teamsideline.com/allen)

**Athletic Information Hotline:** 214.509.4810

**Athletic Field Hotline:** 214.509.4809

Registration packets, league schedules & standings, and free agent information can be found on the website.

Summer Registration: April 4 – May 9; Summer Late Registration: May 10 – May 16

Fall Outdoor League Registration: July 5 – August 1; Fall Outdoor League Late Registration: August 2 – August 8

Fall Indoor League Registration: August 15 – September 6

Fall Indoor League Late Registration: September 7 – September 12

## Men's and Co-Rec Softball

Registration Cost: \$345

Late Registration Cost: \$370

Format: 8-Game Season + Playoffs

Summer Play Begins: May 31

Fall Play Begins: August 29

## Co-Rec Kickball

Registration Cost: \$325

Late Registration Cost: \$350

Format: 10-Game Season (Doubleheaders) + Playoffs

Summer Play Begins: June 3

Fall Play Begins: September 2

## Men's and Co-Rec 8-on-8 & 5-on-5 Flag Football

Registration Cost: \$350/\$305

Late Registration Cost: \$375/\$330

Format: 8-Game Season + Playoffs/12-Game Season + Playoffs

Summer Play Begins: May 31

Fall Play Begins: August 29

## Men's and Co-Rec Basketball

Registration Cost: \$425

Late Registration Cost: \$450

Format: 8-Game Season + Single-Elimination Tournament

Summer Play Begins: May 31

Fall Play Begins: September 27

## Men's, Women's and Co-Rec Soccer

Registration Cost: \$515

Late Registration Cost: \$540

Format: 8-Game Season + Playoffs

Fall Play Begins: August 29

## Co-Rec Sand Volleyball

Registration Cost: \$235

Late Registration Cost: \$260

Format: 8-Game Season + Playoffs

Summer Play Begins: June 1

## Co-Rec Ultimate Frisbee

Registration Cost: \$20/player

Format: 12-Game Season + Playoffs

Summer Play Begins: June 2

Fall Play Begins: September 3

## Co-Rec Volleyball

Registration Cost: \$235

Late Registration Cost: \$260

Format: 8-Game Season + Single-Elimination Tournament

Summer Play Begins: May 31

Fall Play Begins: September 26

## Joe Farmer Recreation Center

214.509.4750

### Open Volleyball Play at JFRC

Wednesdays, 7:30 PM – 10:00 PM

Saturdays, 10:00 AM – 1:00 PM

Free for current DRN or JFRC members to participate.

Daily admission passes available.

## Allen Community Ice Rink

972.912.1097

### Allen Adult Hockey League – Instructional

Cost: \$249 per player

Age: 18 years+

Instructor: ACIR Staff

Location: ACIR

Pre-requisite: Adult Learn to Play Hockey

Designed for men and women with minimal experience who want to develop hockey skills in a team environment. Players will learn basic skills of hockey: skating, stick-handling, shooting, passing, stick-checking, angling, positioning and breakouts. The season will be divided into practices and games.

Registration: Call ACIR for dates and times at the end of April





*Celebration Park Pavilion*

## Pavilion Reservations

A number of pavilions are now available for rent through Allen Parks and Recreation. All pavilions are available on a first come, first served basis and can be reserved with a \$50 deposit. Please keep in mind 1) none of the pavilions have patron accessible electricity, 2) there is a \$50 deposit for each rental, 3) no tobacco products, firearms or alcoholic beverages are allowed on premises, and 4) there is a two-hour minimum for each rental. A complete list of Pavilion Rental Rules and Regulations will be provided upon reservation confirmation. For more information, please call 214.509.4714.

## Bounce Houses

Bounce houses are welcome in City of Allen parks and, in addition to the pavilion rental fee, the renter will be charged \$25 upon notifying the Parks and Recreation department of your plans. Once confirmed, staff will then mark a safe spot (away from buried electrical lines, irrigation, etc.) for bounce house set up. The City of Allen has a list of preapproved vendors for bounce house rentals. These vendors have insurance policies on file with the Parks and Recreation Department.

Pavilion	Address	Resident	Non-Resident	Deposit	Restrooms
Amenities @ JFRC	1201 E. Bethany	\$40/hour	\$80/hour	\$50	YES
Bethany Lakes	745 S. Allen Heights	\$25/hour	\$50/hour	\$50	NO
Bethany Ridge	1218 E. Bethany	\$15/hour	\$30/hour	\$50	NO
Bradford Crossing	1405 Bradford Trace	\$25/hour	\$50/hour	\$50	NO
Bridgewater Crossing	1919 DeerCreek Drive	\$25/hour	\$50/hour	\$50	NO
Celebration A	701 Angel Parkway	\$40/hour	\$80/hour	\$50	YES
Celebration B	701 Angel Parkway	\$40/hour	\$80/hour	\$50	YES
Daysprings A	904 Comanche Drive	\$15/hour	\$30/hour	\$50	NO
Daysprings B	622 Rainforest Lane	\$40/hour	\$80/hour		
Ford East	705 Whitman	\$25/hour	\$50/hour	\$50	YES
Ford West	630 Park Place	\$25/hour	\$50/hour	\$50	NO
Glendover	1290 Scottsman	\$15/hour	\$30/hour	\$50	NO
Green	1305 Comanche	\$15/hour	\$30/hour	\$50	NO
Lost Creek	1525 Charleston	\$25/hour	\$50/hour	\$50	NO
Quail Run	920 Pelican	\$25/hour	\$50/hour	\$50	NO
Stacy Ridge	1900 Country Brook Lane	\$25/hour	\$50/hour	\$50	NO
Story	1540 Edelweiss	\$25/hour	\$50/hour	\$50	NO
Sun Creek	601 Alma	\$15/hour	\$30/hour	\$50	NO
Lost Creek The Bluffs	1608 Allen Heights	\$15/hour	\$30/hour	\$50	NO
Waters Crossing	Belaire at Newport Drive	\$15/hour	\$30/hour	\$50	NO

The following is a list of rental facilities now available to both residents and non-residents, in addition to Allen-based service clubs. Facilities are available for rent Monday - Sunday from 7AM - 11PM with showings available by appointment only. The Allen Senior Recreation Center is available for rent outside of normal facility operational hours. Those renting facilities are responsible for all activity set-up and clean-up.

## Allen Senior Recreation Center

451 St. Mary Drive  
214.509.4820

(Accommodation varies, please contact the center for details)

### Rental Fees

Multi-Purpose Room (can be divided in to three sections)

All three sections: \$225 per hour (2 hour minimum)  
Two sections: \$175 per hour (2 hour minimum)  
One section: \$100 per hour (2 hour minimum)

### Deposits

Ranges from \$100 - \$300. Set up and take down available for an additional fee.

## Community Room

301 Century Parkway  
214.509.4714

(Accommodates 100 without tables and chairs or 60 with tables and chairs)

### Rental Fees

Resident: \$30/hour during business hours; \$50/hour after hours  
Non-Resident: \$50/hour during business hours; \$70/hour after hours

### Deposits

\$50; no food or beverages allowed in this facility.

## The Edge Visitor Center

201 St. Mary Drive  
214.509.4761

### Rental Fees

#### Skate Park

Private: \$250/hour (2 hour minimum)  
\$950 for four hours  
\$1800 for eight hours  
Non-Profit: \$215/hour (2 hour minimum)  
\$815 for four hours  
\$1550 for eight hours

### Visitor Center

Available Monday - Saturday 8 - 11 PM, Sunday 6 - 11 PM

Resident: \$80/hour (2 hour minimum)  
Non-Resident: \$100/hour (2 hour minimum)

### Deposits

\$100; optional \$25 charge per hour for access to the Media Room.



## Lakeside Clubhouse

745 South Allen Heights Drive  
214.509.4714

(Accommodates 40 without tables and chairs or 25 with tables and chairs)

### Rental Fees

Resident: \$40/hour during business hours; \$60/hour after hours  
Non-Resident: \$60/hour during business hours; \$80/hour after hours

### Deposits

\$50 if no food or beverages will be served; \$100 if food and beverages are served



The Edge Visitor Center

# REGISTRATION

## Registration Fees

All program fees are set according to the cost of the instructor, supplies and minimum class enrollment. Some programs may require additional fees or supplies and may be offered at member and non-member rates. In most cases, programs will not be held on holidays recognized by the City of Allen. All fees collected support and finance these programs.

## Waiting Lists

Is your class full? If so, we can place you on a waiting list. We will notify you if a space becomes available or a new class is formed. Payment is not required until you are registered for an open class position.

## Refunds

Customer service is our top priority! If you are not satisfied with a class, please let us know immediately so we can correct the situation. If you need to request a refund, please contact an Allen Parks & Recreation Department facility.

## Full Refunds Will Be Issued If...

- Participation is not possible due to class cancellation or a change in day, time or location. Refunds will not be subject to any administrative charges.

## Partial Refunds Will Be Issued If...

- Participation is canceled after the class starts due to unusual circumstances (e.g. sickness or injury). The refund will be prorated minus charges for furnished supplies. All partial refunds are subject to a \$10 administrative fee.
- Participation is canceled regardless of reason with notification of five (5) or more calendar days before the class starts.
- Participation in any program is canceled with less than five (5) calendar days notice and we are able to fill the vacancy prior to the start of the program.

## No Refunds Will Be Issued If...

- Participation is canceled with notification less than five (5) calendar days before the class starts and we are unable to fill that vacancy.

## Resident Registration

Online, Fax, Mail or Walk-In

All Classes and Program Registration Begins Monday, March 21 at 8 a.m. at Joe Farmer Recreation Center or Don Rodenbaugh Natatorium.

## Non-Resident Registration

Online, Fax, Mail or Walk-In

All Classes and Program Registration Begins Wednesday, March 23 at 8 a.m. at Joe Farmer Recreation Center or Don Rodenbaugh Natatorium.

## Policies

### Transfer Policy

Participants may transfer to another available class before it begins without charge but only if the enrollment for the transferred class will not drop below the minimum.

### Assumption of Risk

By registering for a class there is an assumption of risk by the participant. The Allen Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants as well as qualified staff and instructors. In the event of a serious accident or illness, it is City policy to contact:

- The Allen Fire Department Emergency Services to perform First Aid and when necessary, recommend transport to a hospital.
- Each parent or legal guardian as soon as the situation allows.

### Sibling Policy

Due to the structure of child/parent classes, only children who are of the appropriate age for the class will be permitted to register and attend the program. No younger or older siblings will be allowed in the classroom to sit and watch or be left unattended in the lobby.

### Parent Policy

Please refrain from entering the teaching area during class to eliminate interruptions between the instructor and participants. There will be special days to view your child's progress.

### Photo Policy

Staff or hired photographers may take photos of class participants. The photos may be used for City of Allen promotional purposes in the Activity Guide, brochures, flyers, news releases or the website.

## Registration Methods

### STUFF Online Registration

STUFF Online is an online course registration system available 24-hours a day, seven days a week! Register for most upcoming activities that are currently listed online or in the current STUFF Activity Guide. Online registration requires an Account PIN and Login ID. To obtain this information, call 214.509.4750 or 214.509.4770. Visa, MasterCard or Discover Card are all accepted. A \$1 convenience fee will be added to each online transaction. Convenience fee charges are non-refundable. Get started by visiting: <http://online.activecommunities.com/allentxparks>.

### Fax-In Registration

A completed registration form that includes your credit card information can be faxed to 214.509.4759 or 214.509.4789.

### Mail-In Registration

Mail-in registrations are accepted up to one week prior to a class start date. Indicate credit card information on the registration form or include a check or money order payable to the City of Allen. Mail to:

### Don Rodenbaugh Natatorium

ATTN: Class Registration  
110 E. Rivercrest, Allen, TX 75002  
or

### Joe Farmer Recreation Center

ATTN: Class Registration  
1201 E. Bethany, Allen, TX 75002

### Walk-In

Walk-in registration accepted during regular facility hours.

### Questions

If you have any questions prior to registration, please call 214.509.4750 or 214.509.4770. For questions related to senior programs please call 214.509.4820.



## City of Allen PARD Financial Assistance Program

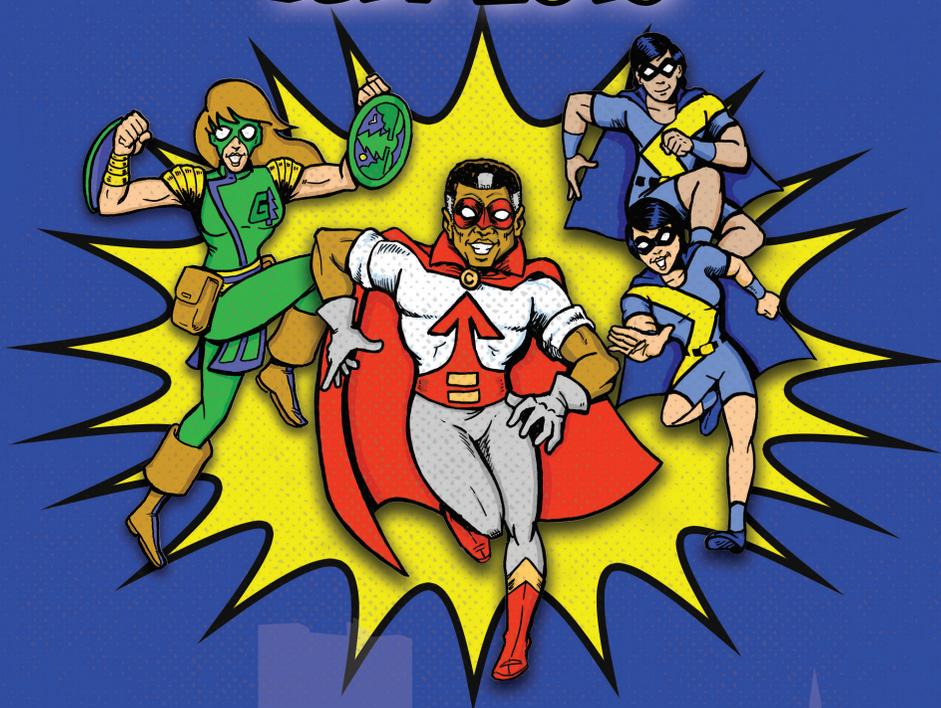
**Mission:** To provide recreational opportunities through financial support to qualified Allen residents in order to promote citizen involvement, build a strong sense of community and increase social and physical well-being.

The Allen PARD offers financial assistance for qualified residents. Financial assistance is available for most recreational programs, classes and memberships offered at JFRC, DRN, TEVC, ASRC and Athletic Programs. It does not include league fees and some classes and programs.

**Request an application packet by contacting:**  
Ann Marie Heiser, Recreation Services Manager  
301 Century Parkway | Allen, Texas 75013  
214.509.4700

# PARK AND RECREATION MONTH

## JULY 2016



**WHEN OUR POWERS COMBINE,  
WE CHANGE LIVES**



This July, the Park and Rec Brigade is here to help you discover your super powers at your local parks and recreation. Captain Community, the Green Guardian and the Fit Twins will guide you on your adventure during Park and Recreation Month.



National Recreation  
and Park Association



#SUPERJULY  
[WWW.NRPA.ORG/JULY](http://WWW.NRPA.ORG/JULY)

To find out what's going on in Allen this summer, visit [AllenParks.org](http://AllenParks.org)!