



# *Adult Hockey Skills*

*Join us for a full ice skills session with Coach Owen. Sessions will focus on: skating, shooting, passing, body-positioning, and stick-handling, as well as game strategy and positioning. Full equipment and playing experience is required.*

## *Date and times*

<i>Wednesday, January 4</i>	<i>8:45-9:45pm</i>
<i>Tuesday, January 10</i>	<i>7:30-8:30pm</i>
<i>Tuesday, January 17</i>	<i>8:00-9:00pm</i>
<i>Tuesday, January 31</i>	<i>8:00-9:00pm</i>
<i>Monday, February 6</i>	<i>8:45-9:45pm</i>
<i>Monday, February 20</i>	<i>8:45-9:45pm</i>
<i>Sunday, February 26</i>	<i>11:45-12:45pm</i>
<i>Tuesday, March 7</i>	<i>7:30-8:30pm</i>

*\*More dates and times will be added as schedule permits*

## *Cost*

*Drop-in \$20 per class*

*Discounted Punch card \$65 for 4 classes*

**Goalies skate  
for free!**  
*\*With a paying player*

